



**SGT UNIVERSITY**

Shree Guru Gobind Singh Tricentenary University



**SDG 1**



# SUSTAINABLE DEVELOPMENT GOALS



**SDG 1**  
**No Poverty**



**REPORT**  
**2024-25**



## SGT University Publications on various SDG's

S.No.	SDG	No. of Publications
1	No Poverty	01
2	Zero Hunger	30
3	Good Health and Well-being	616
4	Quality Education	33
5	Gender Equality	02
6	Clean Water and Sanitation	19
7	Affordable and Clean Energy	39
8	Decent Work and Economic Growth	29
9	Industry, Innovation, and Infrastructure	230
10	Reduced Inequalities	00
11	Sustainable Cities and Communities	08
12	Responsible Consumption and Production	10
13	Climate Action	12
14	Life Below Water	02
15	Life on Land	07
16	Peace, Justice, and Strong Institutions	22
17	Partnerships for the Goals	01



SGT University is dedicated to reducing poverty through education and skill development. It offers a range of scholarships and financial assistance to economically disadvantaged students, ensuring that higher education is accessible to all. The university collaborates with NGOs and local organizations to organize free skill development workshops and vocational training for underprivileged communities, helping them gain employable skills. Additionally, SGT conducts health camps and distributes essential supplies to rural areas, contributing to the socio-economic upliftment of marginalized groups. These efforts align with the university's mission to empower individuals and break the cycle of poverty through education and sustainable initiatives.



No. SGTU/Acad./28/2024/2335

Dated: 12<sup>th</sup> June, 2024

To,

The Chairperson,  
Sh. Girdhari Lal Dogra Memorial Trust,  
Jammu (J&K)

**Subject: Extending Educational Training facilities to the eligible candidates recommended by Girdhari Lal Dogra Memorial Trust.**

Dear Sir,

We take pleasure in informing you that the authorities of our University have resolved to offer our association with your trust. We will admit candidates for the Academic Session 2024-25 as our community responsibility to fulfil social obligation scheme of our promoters (Dashmesh Educational Charitable Trust) for supporting the economically weak but deserving candidates for professional education. This will help them setting satisfactory in their life.

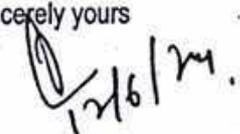
1. Faculty of Engineering and Technology
2. Faculty of Law
3. Faculty of Applied & Basic Sciences
4. Faculty of Agriculture Sciences
5. Faculty of Commerce and Management
6. Faculty of Design
7. Faculty of Hotel & Tourism Management
8. Faculty of Mass Communication & Media Technology
9. Faculty of Education
10. Faculty of Behavioural & Social Sciences
11. Faculty of Physiotherapy
12. Faculty of Allied Health Sciences

The details of the courses along with the eligibility criteria is attached herewith for ready reference. The candidates recommended by your trust will be exempted from payment of annual fee and hostel boarding and lodgings charges, Uniform charges, security etc. The hostel accommodation is available on triple sharing basis.

Looking forward for an early response *i.e.* the names of the eligible candidates are required to be forwarded by 15<sup>th</sup> July 2024. Any other clarification, if required, can be obtained from us by contacting the undersigned on Mobile No. 8527090239.

With regards,

Sincerely yours

  
(Dr. Joginder Yadav)  
Registrar

Encl: As stated above



No. SGTU/Acad./28/2025/3579

Dated: 31<sup>st</sup> May, 2025

To,

The Chairperson,  
Sh. Girdhari Lal Dogra Memorial Trust,  
Jammu (J&K)

**Subject: Extending Educational Training facilities to the eligible candidates recommended by Girdhari Lal Dogra Memorial Trust.**

Dear Sir,

We take pleasure in informing you that the authorities of our University have resolved to offer our association with your trust. We will admit candidates for the Academic Session 2025-26 as our community responsibility to fulfil social obligation scheme of our promoters (Dashmesh Educational Charitable Trust) for supporting the economically-weak but deserving candidates for professional education. This will help them setting satisfactory in their life.

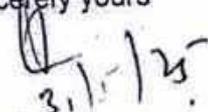
1. Faculty of Engineering and Technology
2. Faculty of Law
3. Faculty of Applied & Basic Sciences
4. Faculty of Agriculture Sciences
5. Faculty of Commerce and Management
6. Faculty of Design
7. Faculty of Hotel & Tourism Management
8. Faculty of Mass Communication & Media Technology
9. Faculty of Education
10. Faculty of Behavioural Sciences
11. Faculty of Physiotherapy
12. Faculty of Allied Health Sciences
13. Faculty of Humanities and Social Sciences

The details of the courses along with the eligibility criteria is attached herewith for ready reference. The candidates recommended by your trust will be exempted from payment of annual fee and hostel boarding and lodgings charges, Uniform charges, security etc. The hostel accommodation is available on triple sharing basis.

Looking forward for an early response *i.e.* the names of the eligible candidates are required to be forwarded by 30<sup>th</sup> June, 2025. Any other clarification, if required, can be obtained from us by contacting the undersigned on Mobile No. 8527090239.

With regards,

Sincerely yours

  
31/5/25  
(Dr. Joginder Yadav)  
Registrar

Encl: As stated above

# Sh. Girdhari Lal Dogra Memorial Trust

20 D/C Gandhi Nagar, Jammu, Tel.: 2431915, 2544691

## TRUSTEES

Mr. O.P. Dogra

Mrs. Sangeeta Jaitley

Dr. Vinod Dogra

Mrs. Nidhi Sharma

Mr. Narinder Batra

Mrs. Sonali Jaitley Bakhshi

Mr. Rohan Jaitley

Mr. Nipun Sharma

No. GLDMT/Acad/2024-25/1

Dated: 17/06/2024

Dr. Joginder Yadav,  
Registrar,  
SGT University,  
Gurgaon.

Sub: Admission of Eligible students.

Ref.: Letter No. SGTU/Acad./28/2024/2335 dated 12<sup>th</sup> June 2024

Dear Sir,

We thank you for your letter No. SGTU/Acad./28/2024/2335 dated 12<sup>th</sup> June 2024 asking us to send names of eligible students admission for academic session 2024-25 in your esteemed University under CSR programme.

In this connection we are forwarding the names of following six candidates as per the details given below: -

S. No.	Details of candidate	Qualification	Choice of course
1.	Mr. Roshan Kumar S/o Mr. Lalit Mahto Contact No. 9810387944	12 <sup>th</sup> Commerce, 56%	BBA
2.	Mr. Saheb Khara S/o Mr. Ganesh Khara Contact No.8768509708	B.Sc. , 80%	MBA
3.	Mr. Umang Sharma S/o Mr. Manoj Kumar Contact No. 9858208977	12th , Science 75%	B.Tech. in CSE-AIML
4.	Mr. Shivam Kumar S/o Mr. Paras Nath Upadhyay Contact No.9650780311	12th Science 88.25%	BCA & MCA
5.	Mr. Shubham S/o Mr. Santosh Contact No.9810999205	12th Science 70.5%	B.Tech. in CSE
6.	Ms. Shivani Maurya D/o Mr. Ganga Ram Maurya Contact No.9871762328	BBA	MBA

Details of remaining candidates will be sent in a few days.

Mark sheet and certificates issued by respective University/Board alongwith other relevant documents will be submitted by the candidate directly to the University at the time of admission.

*Copy to  
Accounts &  
Admission*

*JG*  
21/6/24

**Registrar**

SGT University  
Budhera, Gurgaram

# Sh. Girdhari Lal Dogra Memorial Trust

20 D/C Gandhi Nagar, Jammu, Tel.: 2431915, 2544691

## TRUSTEES

Mr. O.P. Dogra

Mrs. Sangeeta Jaitley

Dr. Vinod Dogra

Mrs. Nidhi Sharma

Mr. Narinder Batra

Mrs. Sonali Jaitley Bakhshi

Mr. Rohan Jaitley

Mr. Nipun Sharma

All the students recommended under the programme will be bound and governed by the rules and regulations of the University and will be solely responsible for their conduct.

We thank you once again for all your help and assistance. Cost, if any, to be borne by the Trust, please let us know.

Thanking you,

Yours sincerely,



SANGEETA JAITLEY  
Trustee



## Students from Dogra Trust

S.N.	Details of candidate	Father Name	Contact	Qualification	Course
1	Mr. Roshan Kumar	Mr. Lalit Mahto	9810387944	12th Commerce 56%	BBA
2	Mr. Saheb Khara	Mr. Ganesh Khara	8768509708	B.Sc. 80%	MBA
3	Mr. Umang Sharma	Mr. Manoj Kumar	9858208977	12th Science 75%	B.Tech. CSE.AIML
4	Mr. Shivam Kumar	Mr. Paras Nath	9650780311	12 Science 88.25%	BCA + MCA
5	Mr. Shubham	Mr. Santosh	9810999205	12th Science 70.5 %	B.Tech. in CSE
6	Ms. Shivani Maurya	Mr. Canga Ram Maurya	9871752328	BBA	MBA



## Office of the Chief Finance and Accounts Officer

**SUBJECT : SCHOLARSHIP POLICY OF SGT UNIVERSITY FOR THE ACADEMIC SESSION 2024-25.**

The scholarship in the form of Tuition Fee Concession, will be awarded to the meritorious students at the time of admission initially for one year. 25% scholarship in the form of tuition fee concession may be extended in the subsequent years beyond 2024-25 based on the students' performance in semester/annual examinations as mentioned in (E).

### **A. UG PROGRAMMES :**

The scholarship will be admissible to students of UG programmes [except for MBBS, BDS, BAMS, B. Pharmacy, B. Sc. Nursing, B. Ed. Spl. Edn., D. Ed. Spl. Edn., Integrated B. Ed. M. Ed. Spl. Edn.:

**1. On basis of 12<sup>th</sup> marks obtained from recognized board as under:-**

- (a) PCB/M/CS with English as one of the subject OR
- (b) Best of four subjects with English as one of the compulsory subject

For calculating percentage for scholarship, the Subsidiary/Elective subjects will not be considered.

If the marksheet contains 1<sup>st</sup> and 2<sup>nd</sup> year, the average for subject of both the years will be considered.

	<b>Marks Obtained</b>	<b>Quantum of Scholarship</b>
(a)	90% and above	: 100% Tuition Fee
(b)	80% and above but less than 90%	: 50% Tuition Fee
(c)	70% and above but less than 80%	: 25% Tuition Fee

The scholarship for the student of lateral entry will also be admissible as per the above-mentioned slabs and to ascertain their eligibility, the aggregate marks of the programme will be considered.

**2. On basis of CUET percentile:-**

### **CUET Scholarship**

	<b>Percentile Obtained</b>	<b>Quantum of Scholarship</b>
(a)	95 and above	: 100% Tuition Fee
(b)	85 and above but less than 95	: 50% Tuition Fee
(c)	75 and above but less than 85	: 25% Tuition Fee

**Registrar**  
SGT University  
Budhera, Gurugram

### 3. On basis of Sports:-

Participation	Quantum of Scholarship
(a) World Cup/CWG/Olympics	: 100% Tuition Fee
(b) National Level	: 50% Tuition Fee
(c) State Level	: 25% Tuition Fee

5% extra scholarship in the form of tuition fee concession, over and above the percentage mentioned under [(b) and (c)] of point no. 1, 2 and 3 will be awarded to

(a) Girl student (For Non-medical courses)	: 5% Tuition fee
(b) Boys student whose parents are in defence*	: 5% Tuition fee

Except MBBS, BDS, BAMS, D. Ed. Spl. Edn., B. Ed. Spl. Edn., B. Sc. Nursing, B. Pharmacy and Integrated B. Ed. M. Ed. Spl. Edn. programs.

### B. PG PROGRAMMES :

For PG programmes, the scholarship will be given in the Faculties of Commerce & Management, Behavioural and Social Sciences (except M. Phil (Clinical Psychology), Professional Diploma in Clinical Psychology), Nursing (Except NPCC), Physiotherapy, Allied Health Sciences, Mass Communication & Media Technology, Education (except M. Ed.), Law, Fashion & Design, Agricultural Sciences (except M. Sc. Ag. Agronomy), Science (except M. Sc. Physics, Chemistry, Mathematics and Environmental Science, Engineering & Technology (except M. Tech.), Medicine & Health Sciences (except MD and MS) and SGT College of Pharmacy (except Pharm. D. and Pharm. D. (Post Baccalaureate) on the basis of aggregate marks obtained in UG course :

Marks Obtained	Quantum of Scholarship
(a) 90% and above	: 100% Tuition Fee
(b) 80% and above but less than 90%	: 50% Tuition Fee
(c) 70% and above but less than 80%	: 25% Tuition Fee
(d) Alumni students secured >60% but <70% marks for admission in PG programmes	: 20% Tuition Fee

5% extra scholarship in the form of Tuition Fee Concession, over and above the % mentioned above [(b) and (c)] will be awarded to the alumni of the University for admission to Postgraduate programs in the first year only.

### C. EMPLOYEE SCHOLARSHIP :

The scholarship in the form of Tuition fee concession will be awarded to the relatives of the University's employees every year (blood relations only i.e. Son, Daughter, Husband, Wife) for the students admitted during Academic Session 2024-25 is as given below:

Registrar  
SGT University  
Budhera, Gurugram

<b>Courses</b>	<b>Quantum of Scholarship</b>
(a) B. Sc. (Nursing) (Post Basic)	: 25% Tuition Fee/every year
(b) All other programmes <b>except</b> Medical, Dental, GNM, B. Sc. Nursing, B. Pharmacy, Pharm. D., Pharm. D. (Post Baccalaureate), NPCC, B. Ed. Spl. Edu, D. Ed. Spl. Edu., Integrated B Ed. M Ed. Spl. Edu., M. Ed., M. Phil. Clinical Psychology, Professional Diploma in Clinical Psychology, M. Tech., M. Sc. Physics, Chemistry, Mathematics, Environmental Science, M. Sc. Ag. (Agronomy) and Ayurveda	: 35% Tuition Fee/every year

#### **D. SIBLING :**

For sibling cases (one out of two), 35% scholarship or as per the slab mentioned above (whichever is higher) in the form of Tuition Fee Concession will be awarded in all the programmes (Undergraduate/Postgraduate) except in the faculties of Medical, Dental, Nursing, Pharmacy and Ayurveda. For continuation in subsequent years, he/she has to fulfill the conditions mentioned for other students.

#### **E. SUBSEQUENT YEARS:**

The 25% scholarship in the form of Tuition Fee Concession in subsequent years shall be based on the students' performance in the semesters/annual examinations as the case may be and the same will be paid in the name of the student.

For continuation of scholarship in subsequent years, the student shall have to meet the following conditions:

- (a) He/she should have scored 75% or above marks in aggregate with passing all subjects in first attempt.
- (b) He/she should have 80% or above attendance in all theory and practical subjects.
- (c) He/she must have cleared all previous dues.
- (d) Student is not involved in any act of indiscipline, ragging, eve teasing etc.
- (e) Should not be receiving any other scholarship from any other Govt./Govt. organization/Institute.
- (f) Student must submit the Scholar Project in consultation with their respective Dean/Faculty member to claim the scholarship for subsequent years.

#### **Note :**

- The students will have to apply to their respective Dean for continuation of the scholarship within one month of the declaration of their result or as per the notification issued by the University.
- The Competent Authority of the University is having rights to Change/Modify any terms & conditions/slabs of the Scholarship Policy or to withdraw the policy at any point of time without any prior notification.

## Annexure to Scholarship Policy

### \*Defence Personnel

- (a) **Categories**
- (i) Army
  - (ii) Navy
  - (iii) Air Force
  - (iv) Para Military Forces

(b) **Documents required**

**In case of serving Defence personnel**

- (i) Dependent's card issued to the servicemen/ A certificate issued by the Unit Head/C.O. of the servicemen
- (ii) ID card of the servicemen
- (iii) ID/Aadhaar card of the student

**In case of retired Defence personnel**

- (i) Discharge certificate of the servicemen
- (ii) ID card of the Ex-Servicemen
- (iii) ID/Aadhaar card of the student

### \*Sports Category

- (a) Certificate issued by the Organizing Committee of State/ National/ International Government Agencies or Agencies duly recognized by the Government.

  
**Registrar**  
SGT University  
Budhera, Gurugram



## 1.4.1 Startup Activities for Local Community

S.no	Event Description	Date	Document Link
1	Community Outreach at Sadhrana Village (Gurugram)	06-03-2024	<a href="https://shorturl.at/oBtGU">https://shorturl.at/oBtGU</a>
2	Community Outreach Session at Jaruan Sunderpur, Farrukhnagar	02-04-2024	<a href="https://tinyurl.com/ptxakekw">https://tinyurl.com/ptxakekw</a>
3	Meeting and MoU Signing at Lotus Valley International School	05-04-2024	<a href="https://shorturl.at/vKd8C">https://shorturl.at/vKd8C</a>
4	Ideathon 5.0 (Farm the Future: Agri-a-Thon)	20/04/2024 to 29/04/2025	<a href="https://tinyurl.com/5fkhtap2">https://tinyurl.com/5fkhtap2</a>
5	Community Outreach Session on World Environment Day at Sultanpur Bird Sanctuary, Gurugram	05-06-2024	<a href="https://shorturl.at/c5g13">https://shorturl.at/c5g13</a>
6	Community Outreach Session at Iqbalpur, Gurugram	05-07-2024	<a href="https://tinyurl.com/5b9mx7e5">https://tinyurl.com/5b9mx7e5</a>
7	Interaction Session and MoU Signing at ATL HM Sr. Sec School, Gurugram	26-07-2024	<a href="https://rb.gy/jebxjo">https://rb.gy/jebxjo</a>
8	Grassroot Innovators Meet on World Entrepreneurs' Day	21-08-2024	<a href="https://rb.gy/f4aqvp">https://rb.gy/f4aqvp</a>
9	Visit at 10th MSME EXPO at Pragati Maidan, New Delhi	22/08/2024 to 24/08/2024	<a href="https://shorturl.at/8P154">https://shorturl.at/8P154</a>
10	Launch of Ideathon 6.0 - Medi-Genius with motivational session on Idea Generation	28-08-2024	<a href="https://tinyurl.com/5yf849ke">https://tinyurl.com/5yf849ke</a>
11	Startup Genesis Bootcamp	23/09/2024 to 27/09/2024	<a href="https://shorturl.at/QtaEM">https://shorturl.at/QtaEM</a>
12	Catalyst Conversation and Prize Felicitation of Ideathon 6.0 Medi-Genius	26-11-2024	<a href="https://shorturl.at/Ulaxd">https://shorturl.at/Ulaxd</a>
13	Connect & Collaborate Founders Meet	06-12-2024	<a href="https://rb.gy/b4y992">https://rb.gy/b4y992</a>
14	Outreach Program with SHG at Bhangrola Village, Gurugram	09-01-2025	<a href="https://shorturl.at/8ldaY">https://shorturl.at/8ldaY</a>
15	Webinar on Strategies on Sustainable Startups	16-01-2025	<a href="https://shorturl.at/N4cKx">https://shorturl.at/N4cKx</a>

16	Innoverse'36 Hackathon	06/02/2025 to 08/02/2025	<a href="https://shorturl.at/Y3YNo">https://shorturl.at/Y3YNo</a>
17	Outreach at Kaliawas village, Gurugram	20/02/2025	<a href="https://shorturl.at/GsaEl">https://shorturl.at/GsaEl</a>
18	Session on Agriculture Skilling in India	03-03-2025	<a href="https://tinyurl.com/4e5pwtz3">https://tinyurl.com/4e5pwtz3</a>
19	Session with Kisan Club Members at Krishi Vigyan Kendra, Gurugram	05-03-2025	<a href="https://shorturl.at/3tODY">https://shorturl.at/3tODY</a>
20	Young Innovators Meet	21-03-2025	<a href="https://docs.google.com/document/d/19LnzgErQYR9AbXaY8Zf4a2XA0cWoumZg/edit?usp=drive_link&amp;oid=113346239807932991241&amp;rtpof=true&amp;sd=true">https://docs.google.com/document/d/19LnzgErQYR9AbXaY8Zf4a2XA0cWoumZg/edit?usp=drive_link&amp;oid=113346239807932991241&amp;rtpof=true&amp;sd=true</a>
21	Participation in Startup Mahakumbh 2025	04-04-2025	<a href="https://docs.google.com/document/d/19pFvVyCAEOqcTqiQ9S9kaBV5F8Jfpbd/edit?usp=drive_link&amp;oid=113346239807932991241&amp;rtpof=true&amp;sd=true">https://docs.google.com/document/d/19pFvVyCAEOqcTqiQ9S9kaBV5F8Jfpbd/edit?usp=drive_link&amp;oid=113346239807932991241&amp;rtpof=true&amp;sd=true</a>
22	Session on Exploring Agri-Tech Opportunities: Insights & Grants for Aspiring Entrepreneurs	30-04-2025	<a href="https://docs.google.com/document/d/1EoE_XO2gMxtkApRcEA-hzIDOcWqBM84k/edit?usp=drive_link&amp;oid=113346239807932991241&amp;rtpof=true&amp;sd=true">https://docs.google.com/document/d/1EoE_XO2gMxtkApRcEA-hzIDOcWqBM84k/edit?usp=drive_link&amp;oid=113346239807932991241&amp;rtpof=true&amp;sd=true</a>
23	Startup – Nexus Bootcamp	12/05/2025 to 23/05/2025	<a href="https://docs.google.com/document/d/1LCx659LZjazV8VDh1DbyMrC6_s9tIZrR/edit?usp=drive_link&amp;oid=113346239807932991241&amp;rtpof=true&amp;sd=true">https://docs.google.com/document/d/1LCx659LZjazV8VDh1DbyMrC6_s9tIZrR/edit?usp=drive_link&amp;oid=113346239807932991241&amp;rtpof=true&amp;sd=true</a>
24	Community engagement session with RPT (Recycling Paper Technique) SHG Group	15-07-2025	<a href="https://docs.google.com/document/d/1YZkgTk-don_GT713pTP2emep9PhfK40f/edit?usp=drive_link&amp;oid=113346239807932991241&amp;rtpof=true&amp;sd=true">https://docs.google.com/document/d/1YZkgTk-don_GT713pTP2emep9PhfK40f/edit?usp=drive_link&amp;oid=113346239807932991241&amp;rtpof=true&amp;sd=true</a>

Date: 07-05-2024

Ref. No. ACIC SGTU CIF 2024 05 001

Subject – Sanction Letter for the Community Innovator Fellowship 2024 – Reg.

Dear Ms. Uma Sharma,

We are pleased to inform you that you have been selected for the Community Innovator Fellowship (CIF) of ACIC SGTU Community Innovation Centre on the recommendation of the CIF Board committee during the External review meeting.

S.No	Tranche Breakup	Sanctioned Amount	Tentative funds release Date
1	1 <sup>st</sup> Tranche (30 % of the total)	Rs. 60,000/-	15-05-2024
2	2 <sup>nd</sup> Tranche (50 % of the total)	Rs. 1,00,000/-	15-12-2024
3	3 <sup>rd</sup> Tranche (20 % of the total)	Rs. 40,000/-	15-03-2025
<b>Total Sanctioned Fund</b>		<b>Rs. 2,00,000/- (Rupees Two lakhs only)</b>	

The committee has recommended releasing the first tranche of 30 % i.e., Rs. 60,000/- (Rupees Sixty Thousand only) to you.

You are requested to submit the ACIC SGTU CIF agreement along with the attested copy of your Aadhar Card, PAN Card & Bank account details (a Copy of the cancelled cheque).

We would like to remind you that the disbursement of the remaining tranches is contingent upon the successful completion of the milestones outlined in your proposal and the submission of regular progress reports.

We wish you the best in your future endeavours.

ACIC-SGTU  
Community Innovation Center  
Name *Rishi Sharma*  
Designation *Officer In Charge*  
Signature *Rishi Sharma*



Date: 07-05-2024

Ref. No. ACIC/SGTU/CIF/2024/05/002

Subject – Sanction Letter for the Community Innovator Fellowship 2024 – Reg.

Dear Mr. Ankit Ahlawat,

We are pleased to inform you that you have been selected for the Community Innovator Fellowship (CIF) of ACIC SGTU Community Innovation Centre on the recommendation of the CIF Board committee during the External review meeting.

S.No	Tranche Breakup	Sanctioned Amount	Tentative funds release Date
1	1 <sup>st</sup> Tranche (30 % of the total)	Rs. 60,000/-	15-05-2024
2	2 <sup>nd</sup> Tranche (50 % of the total)	Rs. 1,00,000/-	15-12-2024
3	3 <sup>rd</sup> Tranche (20 % of the total)	Rs. 40,000/-	15-03-2025
<b>Total Sanctioned Fund</b>		<b>Rs. 2,00,000/- (Rupees Two lakhs only)</b>	

The committee has recommended releasing the first tranche of 30 % i.e., Rs. 60,000/- (Rupees Sixty Thousand only) to you.

You are requested to submit the ACIC SGTU CIF agreement along with the attested copy of your Aadhar Card, PAN Card & Bank account details (a Copy of the cancelled cheque).

We would like to remind you that the disbursement of the remaining tranches is contingent upon the successful completion of the milestones outlined in your proposal and the submission of regular progress reports.

We wish you the best in your future endeavours.

ACIC-SGTU

Community Innovation Center

Name *Rishi Sharma*

Designation *Asst. In. Charge*

Signature *[Handwritten Signature]*



Date: 07-05-2024

Ref. No. ACIC/SGTU/CIF/2024/05/003

Subject – Sanction Letter for the Community Innovator Fellowship 2024 – Reg.

Dear Ms. Anshu,

We are pleased to inform you that you have been selected for the Community Innovator Fellowship (CIF) of ACIC SGTU Community Innovation Centre on the recommendation of the CIF Board committee during the External review meeting.

S.No	Tranche Breakup	Sanctioned Amount	Tentative funds release Date
1	1 <sup>st</sup> Tranche (30 % of the total)	Rs. 60,000/-	15-05-2024
2	2 <sup>nd</sup> Tranche (50 % of the total)	Rs. 1,00,000/-	15-12-2024
3	3 <sup>rd</sup> Tranche (20 % of the total)	Rs. 40,000/-	15-03-2025
<b>Total Sanctioned Fund</b>		<b>Rs. 2,00,000/- (Rupees Two lakhs only)</b>	

The committee has recommended releasing the first tranche of 30 % i.e., Rs. 60,000/- (Rupees Sixty Thousand only) to you.

You are requested to submit the ACIC SGTU CIF agreement along with the attested copy of your Aadhar Card, PAN Card & Bank account details (a Copy of the cancelled cheque).

We would like to remind you that the disbursement of the remaining tranches is contingent upon the successful completion of the milestones outlined in your proposal and the submission of regular progress reports.

We wish you the best in your future endeavours.

ACIC-SGTU  
Community Innovation Center  
Name *Rishi Sharma*  
Designation *Centre In Charge*  
Signature *Rishi Sharma*

No. ACIC/SGTU/DIRECTOR/2024/01/004

Date: 30.01.2024

## Community Innovator Fellowship Program 2024 Screening Report

### Introduction

The Community Innovator Fellowship, a joint endeavour by AIM and UNDP, is designed to identify, nurture, and support innovators who are dedicated to making a positive impact in their communities. This fellowship provides a unique platform for individuals with innovative and ground-breaking ideas to contribute to sustainable development goals and create lasting impact.

### The screening process for CIF Applications

ACIC SGTU rolled out the call for applications for the community innovator fellowship. The eligibility for the fellowship pertains to an entrepreneurially-minded individual, aged 18-35 years, holding at least a bachelor's/diploma/degree from a recognized university, residing within 30 km from the ACIC, and possessing intermediate English language proficiency, aiming to address a community challenge through their enterprise.

ACIC SGTU adopted a two-way screening process, one internal and the other external. The purpose of the internal screening was to shortlist the top 3 projects and recommend them for further scrutiny, moreover, it was also a platform to judge and guide them in delivering a presentation. The external screening's purpose was to take an affirmation and confirmation of the shortlisted projects and on-board them as the CIF for ACIC SGTU.

### Internal Screening Minutes

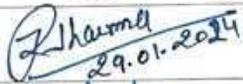
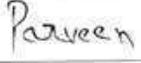
After the call for applications, an internal screening committee which comprised of team ACIC SGTU was formed to screen the pool of innovator applicants. The internal screening was conducted on 19 January 2023, which was chaired by the CEO of ACIC SGTU Dr. Sunny Agarwal, the members of the screening committee were Mr. Rishi Sharma, Mr. Bakul Dev Rai, and Mr. Parveen Kumar. The agenda was to screen and shortlist the top 3 innovative projects among the pool of various projects, that have to be further evaluated by the Atal Innovation Mission, NITI Aayog team.

ACIC SGTU received 05 such applications, and thereon after screening the presentation of each idea, 3 such applications were chosen and shortlisted for the final screening with the Atal Innovation Mission, NITI Aayog team.

Timestamp	Applicant's Name	Gender	Age	Location
1-7-2024 18:22:49	Uma Sharma	Female	25	Gurugram
1-8-2024 12:51:18	Ankit Ahlawat	Male	33	Jhajjar
1-16-2024 0:30:24	Dr. Udeesha Singh	Female	23	Delhi
1-17-2024 16:32:16	Vanshika Yadav	Female	23	Gurgaon
1-18-2024 16:24:00	Anshu	Female	21	Gurgaon

The other projects that were not shortlisted will be engaging with the ACIC SGTU under the incubation program, wherein the innovators can further work on their prospective ideas. ACIC SGTU will further handhold them and will seek funding/grant opportunities from various government schemes.

The external screening committee members comprised of -

S.No	Name	Designation	Signature
1	Dr. Sunny Agarwal	CEO, ACIC SGTU	
2	Mr. Rishi Sharma	Incubation Manager, ACIC SGTU	 29.01.2024
3	Mr. Bakul Dev Rai	Incubation Associate, ACIC SGTU	
4	Mr. Parveen Kumar	Young Professional, ACIC SGTU	





### External Screening Minutes

The external screening of the CIF application happened on 23 January 2024. The shortlisted projects were recommended for further scrutiny and to evaluate the potential of the idea and the CIF. The agenda was to evaluate the impact of such ideas, how relevant are they to sustainable development goals, and the profiles of the CIF fellows were critically examined to check the potential of the innovator.

The external screening committee members comprised of –

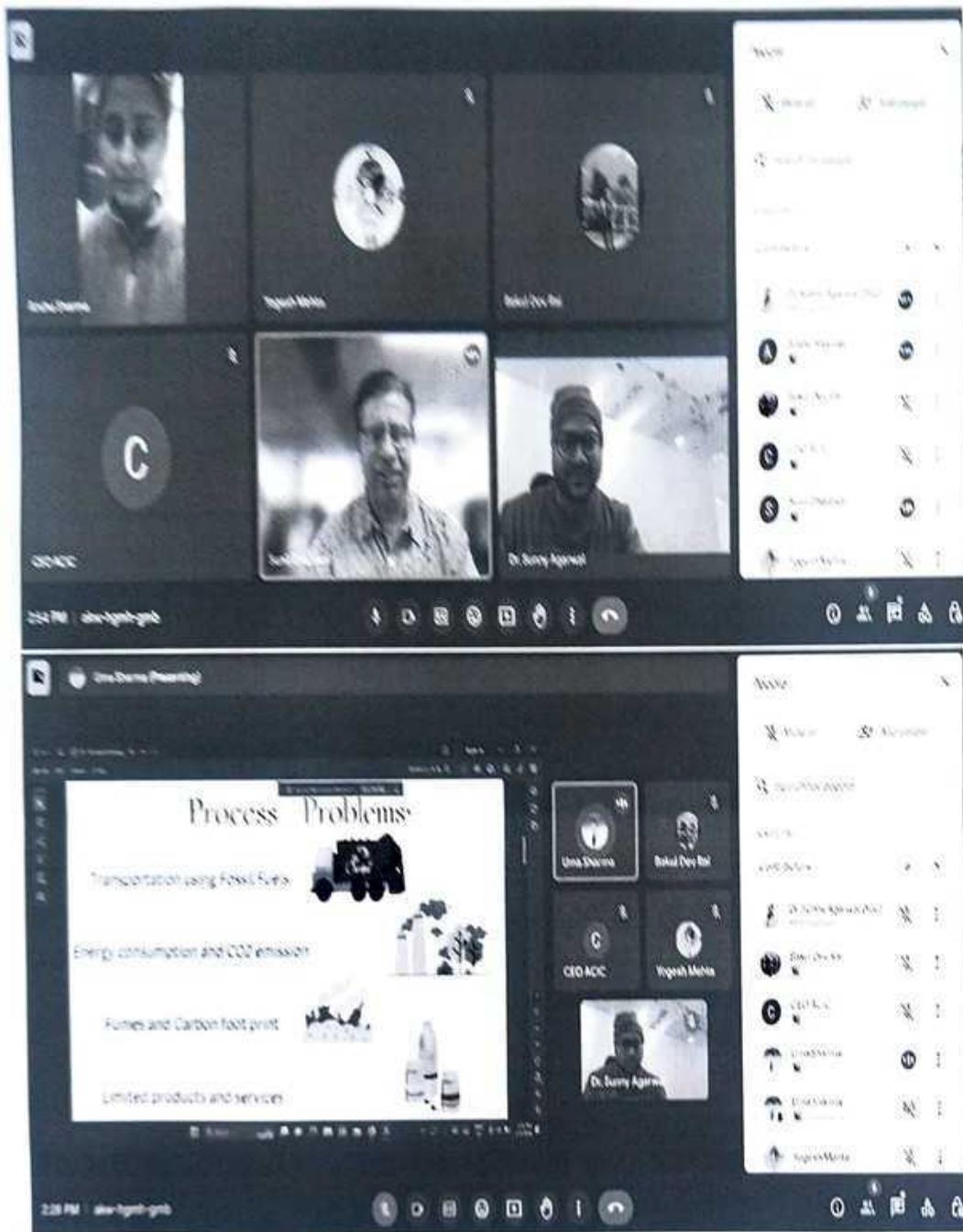
S.No	Name	Position	Organization
1	Mr. Suhail Sheikh	Innovation Lead	AIM, NITI Aayog
2	Dr. Akanksha Sinha	Chief Executive Officer	ACIC, IIT ISM
3	Mr. Sunil Dhadiwal	Chief Executive Officer	AIC, Pinnacle
4	Dr. Yogesh Mehta	Mentor	ACIC, SGTU
5	Dr. Sunny Agarwal	Chief Executive Officer	ACIC, SGTU

Mr. Suhail Sheikh, the Innovation Lead at AIM praised the shortlisted ideas and guided them on their product development and branding. He envisioned the impacts and SDGs goal achieved by these innovators and asked them to focus on branding and packaging. Further

on, he asked the team ACIC SGTU to nurture and polish these innovators in their approaches and soft skills.



Dr. Akanksha Sinha, Chief Executive Officer at ACIC, IIT ISM has suggested Fellows to generate employment opportunities and utilize a creative & forward-thinking approach in addressing community-centric challenges for economically weaker sections of the society.



Dr. Yogesh Mehta, Mentor at ACIC SGTU has appreciated the innovative ideas presented by the fellows and acknowledges the ability of fellows to adapt to challenges and setbacks.

Mr. Sunil Dhadiwal, Chief Executive Officer at AIC, Pinnacle has recommended concise and effective storytelling during presentations to fellows.

Finally, the committee was pleased with the suggested projects and in conclusion, it was recommended to on-board these applicants as the CIF for ACIC SGTU.

## Conclusion for the CIFs Applicant

With the due diligence process of screening and shortlisting the innovators, ACIC SGTU will be onboarding the following innovators:

S.No	Innovator's Name	Problem Statement	Contact Details	Product/Service
1	Ms. Uma Sharma	In the current landscape of plastic recycling, existing organizations employ non-eco-friendly methods, resulting in a significant carbon footprint and environmental damage. Moreover, these solutions fail to adequately support and empower women, and lack opportunities for employment and leadership roles.	Email: <a href="mailto:sharmauma981@gmail.com">sharmauma981@gmail.com</a> Ph No. +91 6238644793	
2	Mr. Ankit Ahlawat	A significant challenge in the Indian market is the reliance on imported protein supplements, with 70% of such products being identified as counterfeit, posing serious health risks such as kidney ailments and impotency to consumers.	Email: <a href="mailto:ankit@herbchick.in">ankit@herbchick.in</a> Ph No. +91 9999734490	
3	Ms Anshu Sharma	The current issue revolves around the absence of widely accepted and enjoyable millet-based snacks, particularly cookies, as a convenient way to boost nutritional	Email : <a href="mailto:anshisharma08@gmail.com">anshisharma08@gmail.com</a> Ph No. +91 7042021549	

intake. Despite the nutritional benefits of millets, the challenge is to develop accessible and appealing millet-based cookies that strike a balance between meeting nutritional criteria and satisfying consumer taste preferences.

The committee has recommended releasing the tranches for 03 shortlisted Innovators as per given details:

S. No.	Tranche Breakup (For each Innovator)	Sanctioned Amount	Tentative funds release Date
1	1 <sup>st</sup> Tranche <del>40%</del> of the total) 30%	Rs. <del>80,000/-</del> Rs. 60,000/-	1-02-2024
2	2 <sup>nd</sup> Tranche <del>30%</del> of the total) 50%	Rs. <del>60,000/-</del> Rs. 1,00,000/-	1-06-2024
3	3 <sup>rd</sup> Tranche <del>30%</del> of the total) 20%	Rs. <del>60,000/-</del> Rs. 40,000/-	1-10-2024
	Sanctioned Fund	= Rs. 2,00,000/-	
	Total Sanctioned Fund	= Rs. 2,00,000 X 3	= Rs. 6,00,000/-

23/11/24  
  
 Dr. Sunny Agarwal  
 CEO, ACIC SGTU

  
 Dr. Atul Nasa  
 Pro VC, SGTU

  
 Director  
 ACIC SGTU



S. No.	Title of the MoU	Name of the partnering Institution/ industry /research lab/corporate house with contact details	Year of commencement	Duration (From-To)
1	Bhavya Welfare Society	MoU for Providing Education, Research and Training in the areas of Special Education, Inclusive Education, Cognitive Skills, Early Intervention, Therapy and Psychological Services	2022	09.07.2022 to 08.07.2027
2	Gram Panchayat, Budhera	MoU to establish a collaborative relationship to improve Health and Wellness through Ayurvedic Care	2024	04.10.2024 to 03.10.2026
3	Gram Panchayat, Faridpur	MoU to establish a collaborative relationship to improve Health and Wellness through Ayurvedic Care	2024	15.10.2024 to 14.10.2026
4	Gram Panchayat, Iqbalpur	MoU to establish a collaborative relationship to improve Health and Wellness through Ayurvedic Care	2024	04.10.2024 to 03.10.2026
5	Gram Panchayat, Kaliyawas	MoU to establish a collaborative relationship to improve Health and Wellness through Ayurvedic Care	2024	04.10.2024 to 03.10.2026
6	Gram Panchayat, Mohammadpur-saidpur Village	MoU to establish a collaborative relationship to improve Health and Wellness through Ayurvedic Care	2024	03.09.2024 to 02.09.2026
7	Smile Train India	Smile Train India	2019	Active
8	Work Order for Outreach Activities	Reliance Foundation	2024	April 2024-Mar 2025



## Village Adoption



No: SGTU/GC/01/2025/2591

Dated: 24<sup>th</sup> April, 2025

To,

**The Deputy Commissioner**  
Gurugram, Haryana

**Subject: Identification of villages under the Unnat Bharat Abhiyan, a flagship program of Ministry of Education, GoI.**

Dear Sir,

Ministry of Education (MoE), Government of India has launched a flagship Program at National level called Unnat Bharat Abhiyan (UBA), with the vision to involve professional and higher educational institutions in the development process of rural areas in the country to achieve sustainable development and better quality of life and experiential learning among students. Indian Institute of Technology Delhi has been designated as the National Coordinating Institute by the Ministry of Education GoI for this program.

Our university, **Shree Guru Gobind Singh Tricentenary (SGT) University** and AISHE code: **U-0702**, has agreed to participate in UBA as a Participating Institute (PI).

**Dr. NEERAJ SAINI**, Email. ID: [drneeraj.fet@sgtuniversity.org](mailto:drneeraj.fet@sgtuniversity.org), Mob. No. 9643626546 and **Dr. KIRAN DEVI**, Email. ID: [kiran\\_feat@sgtuniversity.org](mailto:kiran_feat@sgtuniversity.org), Mob. No. 7015206997, have been duly authorized in this regard from our side to carry on the activities of UBA in our organization/ Institution as Project Coordinator.

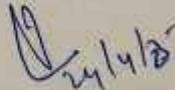
Under the UBA program every Participating Institute is to connect with a cluster of five villages near by Institution in consultation with the District Administration. This is to bring to your kind notice that we have proposed the following villages.

S.No.	Name of Village	Block Name	Panchayat Name	District
1	Sultanpur	Farrukh Nagar	Sultanpur	Gurugram
2	Jhanjrola	Farrukh Nagar	Jhanjrola Khera	Gurugram
3	Sakatpur	Gurgaon	Sakatpur	Gurugram
4	Ikbalpur	Farrukh Nagar	Ikbalpur	Gurugram
5	Dhanawas	Farrukh Nagar	Dhanawas	Gurugram

In view of the above the Project Coordinators, may contact your officer for the purpose. We request you to please help and cooperate in the matter.

With regards

Your Sincerely

  
(Dr. Joginder Yadav)  
Registrar

Copy to UBA IIT Delhi



## Outreach Activities

S.N.	Title of the event
1	Helping Hand Donation Drive-2025
2	Community-Based Rehabilitation (CBR) STRONGER COMMUNITIES, BRIGHTER.FUTURES
3	Community-Based Rehabilitation (CBR) Programme EMPOWERING ABILITIES, TRANSFORMING COMMUNITIES
4	Community-Based Rehabilitation Programme – "Unite for Disability Awareness"
5	Community-Based Rehabilitation Programme Report on Support Empower Include
6	Community-Based Rehabilitation (CBR) Programme Breaking Barriers and Building Hope
7	Digital Udaan- Basics of Coding & Technology
8	Biogas for a Greener Tomorrow: Sustainable Energy Awareness for Rural Communities
9	Empowering Villages with Solar Energy: A Step Towards Sustainable Living
10	"Nukkad Natak, Awareness Walk and assessment of Anaemia for celebrating National nutrition month"
11	Skill Development program on "Empowering women with Tie and Dye techniques"
12	Skill Development Program for Rural Women – Embroidery & Smocking Design Training
13	SYNERGY 2024
14	Community Based Rehabilitation Programme

## Event Report

**Date:** 25 Jan 2025

**Title of the event:** Helping Hand Donation Drive–2025

**Organizer(s):** Faculty of Applied and Basic Sciences (FABS), SGT University

**Venue:** Dream Girl Foundation, Sector 9, Gurugram

**Chief Guests / Speakers / Resource Persons:**

**Event Coordinator:**

- 3 faculty members and 11 students from SGT University actively participated in the Winter Endowment Drive.
- Involvement of staff and students in mobilizing resources for donation showcased SGT University's commitment to social responsibility.

### Event Poster/Banner




**SGT UNIVERSITY**  
 Shree Guru Gobind Singh Tricentenary University
 

**Community Services and Outreach Committee**  
**Faculty of Applied and Basic Sciences**

*Welcomes you to the*  
**HELPING HAND-  
 DONATION DRIVE**

**Items: Woolen Clothes/Blankets/  
 Packed Food/ Stationary/ Cash etc.**


**09:30 AM-  
12:30 PM**


**Jan 25, 2025**  
 Saturday


**Dream Girl Foundation,  
Sector 9, Gurugram**

**Convener**

**Prof. (Dr.) Bhoopesh Kumar Sharma**  
 Officiating Dean,  
 Faculty of Applied and Basic Sciences,  
 SGT University

**Organizing Members**

**Dr. Kanika Chhikara**  
 Co-ordinator,  
 Community Services and  
 Outreach Committee

**Mr. Niladri Roy**  
 Member,  
 Community Services and  
 Outreach Committee (FABS)

**Ms. Deepika Kapoor**  
 Member,  
 Community Services and  
 Outreach Committee (FABS)

**Possible Attendees:** Faculty Members, Staff & Students (Common for all)

**Minute to Minute Programme:**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
10:00 – 10:15 AM	Arrival of Faculty & Student Volunteers	Faculty coordinators and student participants from SGT University arrive at Dream Girl Foundation; greeted by the staff of the Foundation.
10:15 – 10:30 AM	Welcome & Introduction	Formal welcome by the management of Dream Girl Foundation; brief introduction about the Foundation's mission and children's activities.
10:30 – 11:00 AM	Interaction with Children & Staff	Faculty members and students interact with the children, get to know their daily routine, challenges, and aspirations. Success stories of children are shared by Foundation staff.
11:00 – 11:30 AM	Distribution Ceremony – Winter Clothes & Blankets	Donation of warm clothes, new blankets, and stationery items to the children by faculty members and student volunteers.
11:30 – 12:00 PM	Cash Donation Handover	A collective cash donation of ₹10,500 is handed over to the Foundation's management; acknowledgment and thanks given to SGT University team.
12:00 – 12:30 PM	Motivational Interaction Session	Students and faculty conduct a motivational session with the children through short talks, storytelling, and group activities. Focus on encouraging them to pursue education with confidence.
12:30 – 01:00 PM	Group Activities & Photo Session	Fun interaction activities such as singing, storytelling, or Q&A session with children. Group photographs taken with faculty, students, staff, and children to mark the memorable event.
01:00 – 01:15 PM	Vote of Thanks & Departure	Foundation staff express gratitude; faculty coordinators deliver closing remarks. The delegation departs.

## Highlights of the Event:

- Felicitation of local stakeholders (Sarpanch, Panchayat, ASHA & Anganwadi workers) with planters as tokens of appreciation.
- Enthusiastic participation of community members in the TB Awareness Rally with impactful slogans and IEC material.
- Health Talk by interns covered TB myths, modes of transmission, prevention, and treatment availability at SGT Hospital.
- Health Camp provided free TB screening, check-ups, and medicines to 50 beneficiaries.
- Strong collaboration between Department of Community Medicine and Department of Respiratory Medicine ensured both awareness and clinical care delivery.





### **Outcome:**

- For the Community:
  - Increased awareness on TB symptoms, prevention, and importance of early treatment.
  - 50 villagers screened for TB; suspected cases identified and referred for further evaluation.
  - Reduced stigma associated with TB, encouraging villagers to seek timely medical help.
- For Students & Faculty:
  - Strengthened skills in community mobilization, IEC communication, and TB screening protocols.
  - Learned inter-departmental coordination for effective health service delivery.
  - Real-world exposure to challenges in TB awareness and health-seeking behaviors.
- For the University:
  - Enhanced SGT University's visibility and trust in the community.

- Demonstrated integrated approach to public health service and medical education.
- Strengthened university–community partnerships, aligning with public health goals.

## Event Report

**Date:** 20, March 2025

**Title of the event:** Community-Based Rehabilitation (CBR) STRONGER COMMUNITIES, BRIGHTER.FUTURES

**Organizer(s):** Department of Special Education, SGT University In collaboration with Udaan School for Experiential Learning and SVSP

**Venue:** Dhankot, Gurugram

**Event Coordinator:** Mr. Ravinder Saini, Head, Department of Special Education

### Event Poster/Banner



The poster features logos for SGT University, Faculty of Education, and NAAC A+ accreditation. It also includes logos for 'Udaan' (Centre for Ability) and 'सामाजिक विकास, एसजीटी का प्रयास' (Social Development, SGT's Effort). The main text reads: 'Department of Special Education In Collaboration with UDAAN SCHOOL FOR EXPERIENTIAL LEARNING COMMUNITY BASED REHABILITATION PROGRAMME STRONGER COMMUNITIES, BRIGHTER FUTURES'. The event details are: 9:00 AM to 1:00 PM on March 20th, 2025 (Thursday) at Dhankot, Gurugram, Haryana. The background shows a group of children smiling and holding a large Indian Rupee note.

Department of Special Education  
In Collaboration with  
UDAAN SCHOOL FOR EXPERIENTIAL LEARNING

**COMMUNITY BASED REHABILITATION PROGRAMME**  
**STRONGER COMMUNITIES, BRIGHTER FUTURES**

9:00 AM  
1:00 PM

March 20<sup>th</sup>, 2025  
Thursday

Dhankot  
Gurugram, Haryana

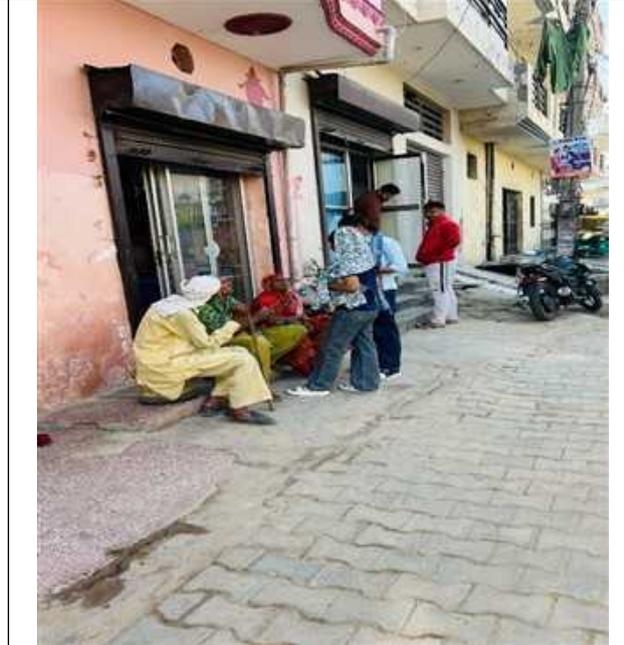
### **Minute to Minute Programme:**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
09:00 AM	Departure from SGT University	Faculty and students departed for Dhankot village
09:30 AM	Arrival at Dhankot	Introduction and welcome by village representatives
09:45 – 10:30 AM	Awareness and Interaction Session	Team interacted with the community on disability awareness
10:30 – 11:15 AM	Home Visits and Student Assessments	Identification of children with special needs and family counseling
11:15 – 11:45 AM	Resource Sharing	Guidance on educational and rehabilitation services via Udaan School
11:45 – 12:00 PM	Feedback & Photo Session	Feedback from community and group photo

### **Highlights of the Event:**

- Outreach visit to Dhankot village by 40 student volunteers
- Awareness session on inclusive education and disability support
- Identification of 4 children with special needs
- Family counseling regarding special education and rehabilitation
- Strengthened community engagement through face-to-face interaction





**Outcome:**

- Community members became aware of services available for children with special needs
- Four children were identified and linked to appropriate educational support
- Students gained field experience in inclusive education practices
- Reinforced SGT University's role in promoting community inclusion and empowerment

## Event Report

**Date:** 18 March 2025

**Title of the event:** Community-Based Rehabilitation (CBR) Programme EMPOWERING ABILITIES, TRANSFORMING COMMUNITIES

**Organizer(s):** Faculty of Education, Department of Special Education

**Venue:** Basai, Gurugram, Haryana

**Event Coordinator:** Mr. Pareveen Kumar Jat

### Event Poster/Banner



The poster features a background image of a group of children and adults engaged in a community activity. At the top, it displays the logos of SGT University, Faculty of Education, and various partner organizations including QTEB, a social development center, and Udaan. The text on the poster reads: 'Department of Special Education In Collaboration with UDAAN SCHOOL FOR EXPERIENTIAL LEARNING COMMUNITY BASED REHABILITATION PROGRAMME EMPOWERING ABILITIES, TRANSFORMING COMMUNITIES'. At the bottom, it provides the event details: '9:00 AM to 1:00 PM' on 'March 18<sup>th</sup>, 2025' (Tuesday) at 'Basai, Gurugram, Haryana'.

 **SGT UNIVERSITY** | Faculty of **EDUCATION**

  सामाजिक विकास, एलजीटी का प्रयास  **Udaan** 

Department of Special Education  
In Collaboration with  
**UDAAN SCHOOL FOR EXPERIENTIAL LEARNING**

**COMMUNITY BASED  
REHABILITATION PROGRAMME  
EMPOWERING ABILITIES,  
TRANSFORMING COMMUNITIES**

 9:00 AM  
1:00 PM  **March 18<sup>th</sup>, 2025**  
Tuesday  **Basai**  
Gurugram, Haryana

**Minute to Minute Programme:**

<b>Time</b>	<b>Activity</b>
08:00 AM	Gathering of students and faculty at the SGT University campus
08:15 AM	Departure from SGT University to Basai, Gurugram
09:15 AM	Arrival at Basai; warm welcome by local representatives and SVSP team
09:30 AM	Orientation and briefing by Mr. Parveen Kumar Jat & Mr. Abhra Mukhopadhyay
09:45 AM	Division of students into field teams for community interaction and survey
10:00 AM	Commencement of door-to-door visits to identify persons with disabilities and raise awareness
11:30 AM	On-spot guidance to identify families regarding rehabilitation and support services
12:30 PM	Interactive session with the local community about inclusivity and the role of rehabilitation
01:15 PM	Lunch break and informal peer discussions among students and faculty
02:00 PM	Debriefing and experience-sharing session among student groups
02:30 PM	Reflection by coordinators and faculty on the impact and learning outcomes of the programme
03:00 PM	Group photograph with local participants and organisers
03:30 PM	Departure from Basai to SGT University

**Highlights of the Event:**

Successfully organised under the aegis of the Academic Club (QABIL) by the Department of Special Education, SGT University.

Collaborative effort with Udaan School for Experiential Learning and SVSP.

Participation of 40 students engaging in field-based learning and outreach activities.

Identification of individuals with disabilities and provision of guidance related to rehabilitation.

Active interaction with the local community to promote inclusive education and services.

Leadership and guidance by Prof. (Dr.) Madhavi Sharma and Mr. Ravinder Saini.

Effective coordination by Mr. Parveen Kumar Jat and Mr. Abhra Mukhopadhyay.

Strengthened awareness and social responsibility among student participants .

**Outcome:**

The programme provided students with hands-on exposure to community-based rehabilitation practices, empowering them to identify individuals in need, deliver on-spot guidance, and foster inclusion and independence within marginalised communities.

## Glimpses of the Event



## Event Report

**Date:** 28 March 2025

**Title of the event:** Community-Based Rehabilitation Programme – "Unite for Disability Awareness"

**Organizer(s):** Department of Special Education, Faculty of Education, SGT University  
In collaboration with Udaan School for Experiential Learning and SVSP

**Venue:** Harsaru, Gurugram, Haryana

**Chief Guests / Speakers / Resource Persons:** Prof. (Dr.) Madhavi Sharma, Mr. Ravinder Saini, Mr. Parveen Kumar Jat, Mr. Awadhesh Yadav

**Event Coordinator:** Mr. Parveen Kumar Jat

### Event Poster/Banner



The banner features logos for SGT University, Faculty of Education, Udaan School, and NAAC A+ accreditation. The main text reads: Department of Special Education, In Collaboration with UDAAN SCHOOL FOR EXPERIENTIAL LEARNING, COMMUNITY BASED REHABILITATION PROGRAMME, UNITE FOR DISABILITY AWARENESS. The event details are: 9:00 AM to 1:00 PM, March 28<sup>th</sup>, 2025, Friday, Harsaru, Gurugram, Haryana. The background shows a group of children sitting at a table, engaged in an activity.

### **Minute to Minute Programme:**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
09:30 AM	Departure from SGT University	Team of faculty and students left for Harsaru village
10:00 AM	Arrival at Harsaru Village	Warm welcome by local representatives
10:15 – 11:15 AM	Awareness Session on Disability and Inclusion	Interactive session to sensitize villagers about disability and rehabilitation
11:15 – 12:00 PM	Group Interaction with Community	Door-to-door awareness and discussion with families
12:00 – 12:30 PM	Activity-Based Learning	Students demonstrated inclusive games and communication tools
12:30 – 12:45 PM	Q&A and Feedback	Community shared views and asked questions
12:45 – 01:00 PM	Vote of Thanks & Group Photo	Concluding remarks, acknowledgments, and photo session

### **Highlights of the Event:**

- Awareness session on disability types and inclusive practices
- Active involvement of 40 students in fieldwork
- Interaction with families to address stigma and promote support
- Demonstration of assistive tools and inclusive learning techniques
- Strengthening of community-university relationship through hands-on engagement





**Outcome:**

- Increased community awareness about disability, inclusion, and rehabilitation
- Villagers showed willingness to support children with disabilities
- Students developed field experience and empathy through direct community interaction
- Initiative strengthened the spirit of social responsibility within the university

## Event Report

**Date:** 26 March 2025

**Title of the event:** Community-Based Rehabilitation Programme Report on Support Empower Include

**Organizer(s):** Faculty of Education – Department of Special Education

**Venue:** Sadrhana Village, Gurugram, Haryana

**Chief Guests / Speakers / Resource Persons:** Prof. (Dr.) Madhavi Sharma, Mr. Ravinder Saini, Ms. Priyanka Yadav, Ms. Poonam Talwar, Mr. Awadhesh Yadav

**Event Coordinator:** Mr. Awadhesh Yadav

### Event Poster/Banner :



Faculty of  
EDUCATION



Department of Special Education  
In Collaboration with  
UDAAN SCHOOL FOR EXPERIENTIAL LEARNING

**COMMUNITY BASED  
REHABILITATION PROGRAMME  
SUPPORT. EMPOWER. INCLUDE.**

9:00 AM  
1:00 PM

March 26<sup>th</sup>, 2025  
Wednesday

Sadhrana  
Gurugram, Haryana

### **Minute to Minute Programme:**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
09:00 AM	Departure from SGT University	Team departs for Sadrhana village
09:45 AM	Arrival and Community Orientation	Introduction with local authorities and overview of the programme
10:00 AM – 11:30 AM	Field Assessment & Identification	Students interact with villagers, identify special needs, and document cases
11:30 AM – 12:30 PM	Rehabilitation and Awareness Activities	Sessions on inclusive education, accessibility, vocational support, and rights of persons with disabilities
12:30 PM – 01:00 PM	Feedback & Closing Interaction	Reflection by students, community feedback, concluding remarks, and group photo
01:00 PM	Vote of Thanks & Departure	Official closing and return to campus

### **Highlights of the Event:**

- Conducted in Sadrhana village to empower and include individuals with disabilities
- 40 students participated in real-time fieldwork and needs assessment
- Identified 8 key special needs cases within the community
- Offered vocational training, inclusive education support, and awareness on accessibility
- Interactive sessions promoted equal opportunity and rights-based approach
- Strengthened university-community collaboration and practical exposure for students



### **Outcome:**

- Raised awareness in the community about inclusion and disability rights
- Empowered students through hands-on field exposure in rehabilitation practices
- Supported villagers with guidance on available government schemes and accessibility practices
- Strengthened the role of education in building inclusive rural environments
- Built a foundation for future visits, assistive device distribution, and policy advocacy

## Event Report

**Date:** 24 March 2025

**Title of the event:** Community-Based Rehabilitation (CBR) Programme Breaking Barriers and Building Hope

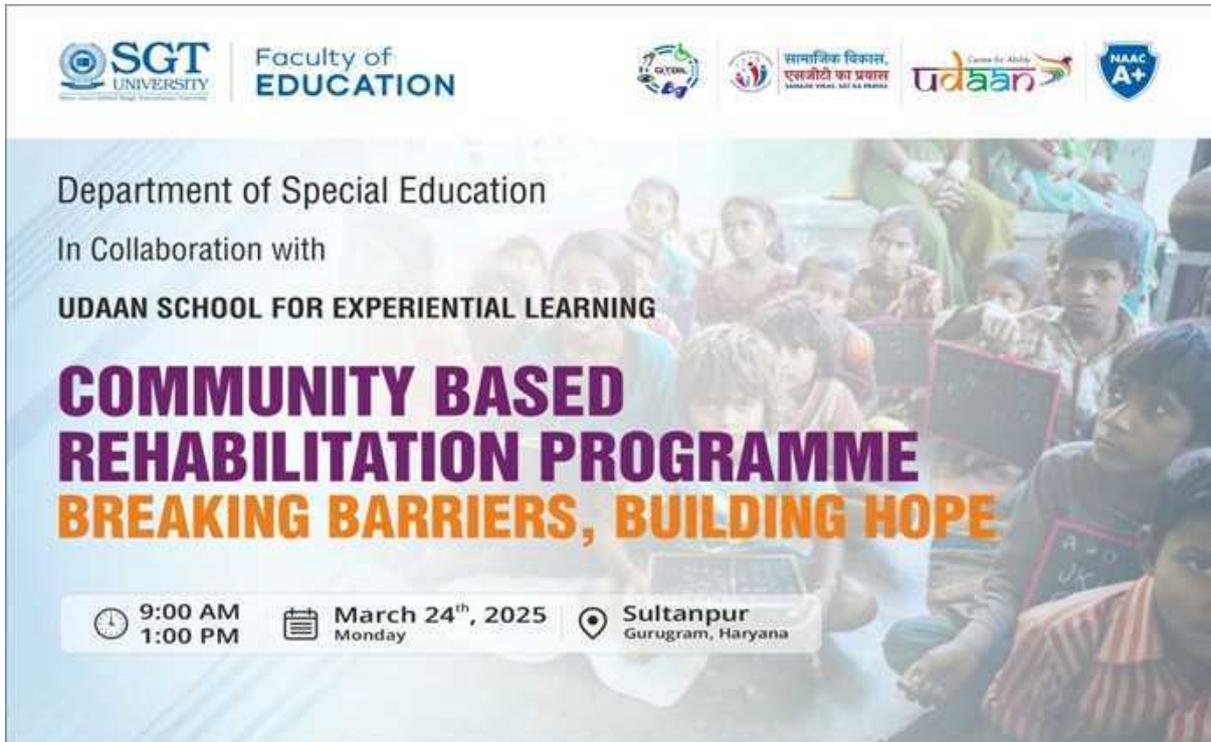
**Organizer(s):** Faculty of Education – Department of Special Education, in collaboration with Udaan School for Experiential Learning and SVSP, under the aegis of Academic Club (QABIL)

**Venue:** Sultanpur, Gurugram, Haryana

**Chief Guests / Speakers / Resource Persons:** Prof. (Dr.) Madhavi Sharma – Dean, Faculty of Education, Mr. Ravinder Saini – Head, Department of Special Education

**Event Coordinator:** Mr. Awadhesh Yadav

### Event Poster/Banner :



The banner features logos for SGT University, Faculty of Education, Udaan School, and NAAC A+ accreditation. The text on the banner reads: Department of Special Education, In Collaboration with UDAAN SCHOOL FOR EXPERIENTIAL LEARNING, COMMUNITY BASED REHABILITATION PROGRAMME, BREAKING BARRIERS, BUILDING HOPE. The event details are: 9:00 AM to 1:00 PM, March 24<sup>th</sup>, 2025, Monday, at Sultanpur, Gurugram, Haryana. The background image shows a group of children sitting on the floor, some holding small blackboards with writing on them.

### **Highlights of the Event:**

- Active participation of 40 students in real-life community intervention
- Hands-on experience in community-based rehabilitation
- Promoted inclusivity and independence among marginalized individuals
- Strengthened university-community partnerships
- Guided and mentored by senior faculty members

### **Minute to Minute Programme:**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
09:00 AM	Departure from SGT University	Faculty and students begin their journey to Sultanpur village
09:45 AM	Arrival and Community Introduction	Brief orientation with local leaders and community members
10:00 AM – 11:00 AM	Field Assessment & Interaction	Students conduct assessments, interact with individuals with disabilities, and gather case data
11:00 AM – 12:30 PM	Rehabilitation Support and Awareness Activities	Guidance on mobility aids, special education support, inclusive games and activities
12:30 PM – 01:00 PM	Reflection & Group Interaction	Students share experiences and receive feedback from faculty and local representatives
01:00 PM	Vote of Thanks & Departure	Closing remarks and return to SGT University

### **Highlights of the Event:**

- Organized by the Faculty of Education, Department of Special Education under Academic Club (QABIL)
- Held in collaboration with Udaan School for Experiential Learning and SVSP
- Community-based setting in Sultanpur village, focusing on real-life rehabilitation interventions
- 40 student volunteers actively engaged in hands-on learning and field experience

- Support provided to individuals with disabilities through assessments, learning activities, and mobility assistance
- Promoted inclusivity, independence, and social integration within marginalized communities
- Faculty members and community leaders guided and appreciated the initiative



### **Outcome:**

- Students received practical training in community-based rehabilitation practices
- Beneficiaries gained access to basic rehabilitation services and inclusive support
- Strengthened the university's connection with local communities
- Students developed empathy, leadership, and field-level communication skills
- Event highlighted the importance of inclusive education and social responsibility
- Encouraged continued collaboration between educational institutions and community-based organizations

## Event Report

**Date:** 5 May 2025

**Title of the event:** Digital Udaan- Basics of Coding & Technology

**Organizer(s):** Faculty of Engineering and Technology (Computer Science & Engineering Department)

**Venue:** Mankrola Village

**Chief Guests / Speakers / Resource Persons:** Ms Sheetal and Students

**Event Coordinator:** Ms Sheetal

### Event Poster/Banner:



### **Minute to Minute Programme:**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
12:00 PM	Departure from SGT University	Participants depart from SGT University campus
12:15 PM	Arrival at Mankrola Village	Team reaches Mankrola village and prepares for the session
12:30 PM – 01:00 PM	Awareness Session on Cyber Security	Interactive talk on cyber safety, benefits of digital awareness, and available subsidy schemes
01:00 PM – 01:50 PM	Hands-on Session on HTML	Basic introduction to HTML for 10th and 12th grade students; includes Internet usage, accessing NCERT books online, and using AI tools for study
		Students engage in Q&A and receive one-on-one support from the team
01:50 PM – 02:00 PM	Thanks and Conclusion	Closing remarks, group photo, and appreciation for participation

### **Highlights of the Event:**

- Visit to Mankrola village by SGT University team
- Awareness session on Cyber Security
- Hands-on training on basic HTML
- Guidance on using the internet and NCERT books online
- Introduction to using AI tools for studies
- Active participation from 10th and 12th class students
- One-on-one help provided during the session
- Event ended with thanks and a group photo



## Outcome:

- Students gained basic knowledge about cyber security and safe internet use
- 10th and 12th class students learned the fundamentals of HTML coding
- Improved digital literacy among students, including how to access NCERT books online
- Students were introduced to AI tools that can help in their studies
- Increased curiosity and interest in technology and digital tools
- Built confidence among students to explore the internet for educational purposes
- Strengthened the university-community connection through outreach and learning

## Attendance Sheet:

Shree Guru Gobind Singh Tricentenary University, Gurugram			
Faculty of Engineering & Technology			
Department of Computer Science & Engineering			
Outreach Activity on 5th May, 2025 -- "Digital Udaan – Basics of Coding & Technology"			
Registration Number	Student Name	Program	Course
241347001	ABHISHEK PODDER	MCA 1st Year	Computer Science & Engineering
241347015	RITIK	MCA 1st Year	Computer Science & Engineering
241347008	AMAN	MCA 1st Year	Computer Science & Engineering
241347009	SANDEEP	MCA 1st Year	Computer Science & Engineering
241347030	MOHAN	MCA 1st Year	Computer Science & Engineering
241347013	ANKIT	MCA 1st Year	Computer Science & Engineering
241347035	TARUN	MCA 1st Year	Computer Science & Engineering
231302257	LAKSHAY ROHILLA	B.Tech 2nd Year	Computer Science & Engineering
231302233	AYUSH GUPTA	B.Tech 2nd Year	Computer Science & Engineering
231302107	PRIYA	B.Tech 2nd Year	Computer Science & Engineering
231302140	VANSHIKA	B.Tech 2nd Year	Computer Science & Engineering
231302097	MEGHA	B.Tech 2nd Year	Computer Science & Engineering
221719031	HIMANSHU	NSS	NSS
240560017	SAURABH KUMAR	NSS	NSS
240560033	PARAS SHARMA	NSS	NSS
240560048	ANSHITA	NSS	NSS
240558001	SHWETA	NSS	NSS
240528043	GARIMA	NSS	NSS
240558034	ISHIKA	NSS	NSS
231302057	NEHA SHARMA	NSS	NSS
231302100	RITIKA SHARMA	NSS	NSS
231302044	GAURAV YADAV	NSS	NSS
240528037	PAYAL	NSS	NSS
240558002	BHUMI	NSS	NSS
221101002	RITIK	NSS	NSS
240528090	AADARSH KUMAR	NSS	NSS
240528069	ARJUN	NSS	NSS
230415095	AMAN	NSS	NSS

## Event Report

**Date:** 1 May 2025

**Title of the event:** Biogas for a Greener Tomorrow: Sustainable Energy Awareness for Rural Communities

**Organizer(s):** Faculty of Engineering and Technology (Mechanical Engineering Department)

**Venue:** Kaliawas Village

**Chief Guests / Speakers / Resource Persons:** Monika Deshwal and Students

**Event Coordinator:** Monika Deshwal

### Event Poster/Banner



### **Minute to Minute Programme:**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
11:00 AM	Departure from SGT University	Team departs for Kaliawas Village for the outreach activity
11:15 AM	Arrival at Kaliawas Village	Warm welcome by villagers; setup of awareness session begins
11:30 AM – 12:15 PM	Awareness Session on Biomass and Biogas	Interactive session on waste segregation, biogas generation, and government subsidy schemes
12:15 PM – 12:30 PM	Q&A and Interaction	Villagers raise questions; team explains practical implementation and resolves doubts
12:30 PM – 01:00 PM	Vote of Thanks and Conclusion	Final remarks, appreciation to villagers, and group photo session

### **Highlights of the Event:**

- Visit to Kaliawas Village by Faculty and students of the Mechanical Engineering Department
- Awareness session on the importance of waste segregation and biomass energy
- Villagers learned how household-level biogas plants can reduce LPG dependency
- Government subsidy schemes for sustainable energy were discussed
- Active participation from local residents, especially women and elderly
- Dedicated Q&A session allowed villagers to raise practical concerns
- Event concluded with group photos and informal interactions with the community

### **Outcome:**

- Villagers gained awareness about biogas as a sustainable energy source
- Community understood the economic and environmental benefits of biogas usage
- Several attendees showed interest in setting up biogas units at their homes
- Strengthened the bond between university and rural communities through knowledge-sharing
- Encouraged the villagers to adopt eco-friendly waste management practices
- The session sparked motivation for future clean energy initiatives in the village



## Attendance Sheet:

Shree Gurus Gobind Singh Tricentenary University, Gurgaon				
Faculty of Engineering and Technology				
Department of Mechanical Engineering				
Outreach Activity on 1st May 2023 - "Biogas for a Greener Tomorrow: Sustainable Energy Awareness for Rural Communities"				
Regd. No.	Student Name	Program	Course	Signature
241303001	OM PRAKASH KUMAR	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303002	RAHUL ROHILLA	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303003	VASH VADAV	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303004	FATIN NEJRA	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303005	NIKHIL	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303006	VASH SHARMA	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303007	DEEPANSHU	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303008	RANJAN KUMAR	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303009	AAKASHDEEP	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303010	VASH SINGH	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303011	ANSH	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303013	MANISH KUMAR SHARMA	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303014	SHEKHAR KUMAR	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303018	CHETAN SHARMA	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303016	ANUJ	B.Tech. 1st Year	Mechanical Engineering	[Signature]
241303017	VASHDEEP	B.Tech. 1st Year	Mechanical Engineering	[Signature]
231303001	LAVISH LAKRA	B.Tech. 2nd Year	Mechanical Engineering	[Signature]
231303002	GEORGE	B.Tech. 2nd Year	Mechanical Engineering	[Signature]
231303004	TUSHAR YADAV	B.Tech. 2nd Year	Mechanical Engineering	[Signature]
231303005	ADITYA RAY	B.Tech. 2nd Year	Mechanical Engineering	[Signature]
231303006	HARSH VARDHAN	B.Tech. 2nd Year	Mechanical Engineering	[Signature]
231303007	HARSH KASHYAP	B.Tech. 2nd Year	Mechanical Engineering	[Signature]
231303009	ROBINSON LOYAL	B.Tech. 2nd Year	Mechanical Engineering	[Signature]
231303010	ARYAN MOHAR	B.Tech. 2nd Year	Mechanical Engineering	[Signature]
231303012	TANISHQ CHOUDHARY	B.Tech. 2nd Year	Mechanical Engineering	[Signature]
241303012	REETESH MEHTA	B.Tech. 2nd Year	Mechanical Engineering	[Signature]
241303019	VASH SHARMA	B.Tech. 2nd Year	Mechanical Engineering	[Signature]
231303011	RAVE KUMAR	B.Tech. 2nd Year	Mechanical Engineering	[Signature]

Faculty Members	
S. No.	Name of Faculty Member
1	Ms. Monika Deshwal
2	Mr. Sunny Misra
3	Mr. Kaushal Sharma

## Event Report

**Date:** 29 April 2025

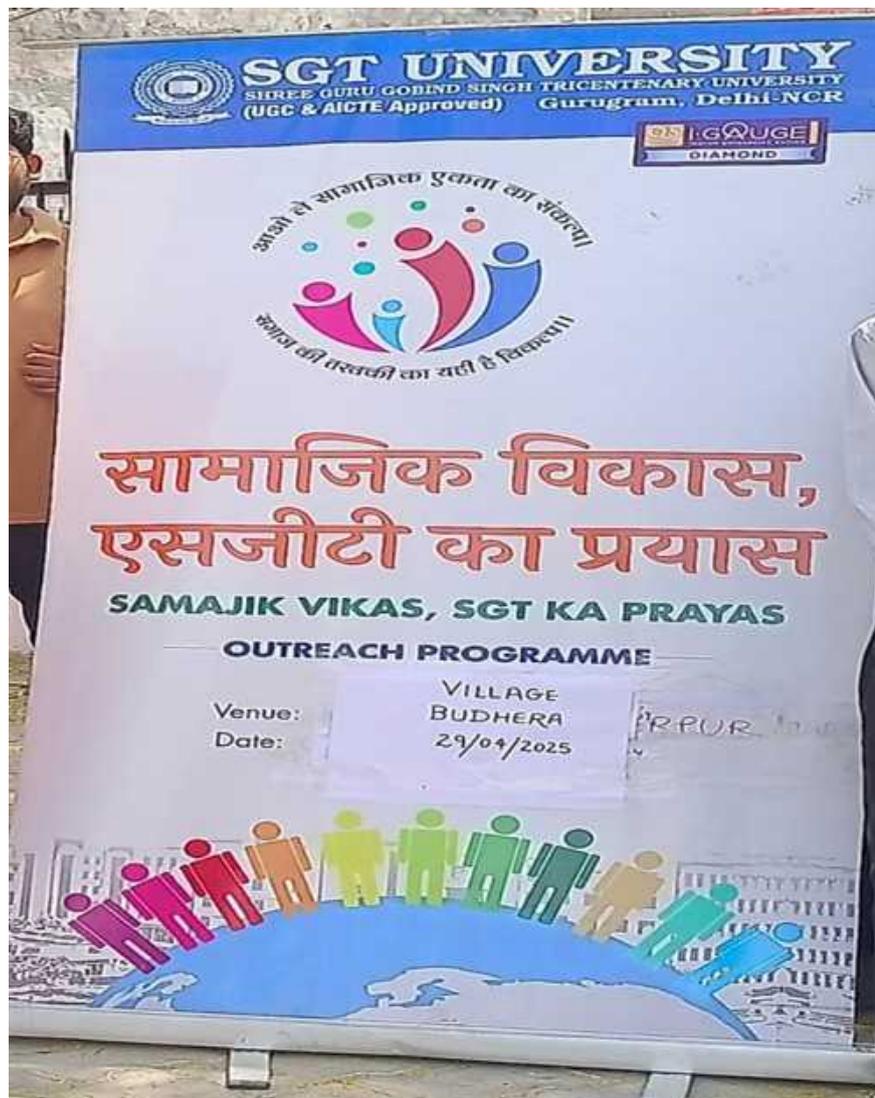
**Title of the event:** Empowering Villages with Solar Energy: A Step Towards Sustainable Living

**Organizer(s):** Faculty of Engineering and Technology (Mechanical Engineering Department)

**Venue:** Budhera Village

**Chief Guests / Speakers / Resource Persons:** Monika Deshwal and Students

**Event Coordinator:** Monika Deshwal



### **Minute to Minute Programme:**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
10:45 AM	Departure from SGT University	Team departs for Budhera Village for the solar energy awareness session
11:00 AM	Arrival at Budhera Village	Welcome by villagers; setup of venue and interaction begins
11:30 AM – 12:15 PM	Awareness Session on Solar Energy	Informative session on benefits of solar power, environmental impact, and available government subsidies
12:15 PM – 12:30 PM	Q&A and Interaction	Villagers raise queries on solar installation, usage, and government support
12:30 PM – 01:00 PM	Vote of Thanks & Group Photo	Final remarks by the team, group photo, and informal discussion with community members

### **Highlights of the Event:**

- Visit to Budhera Village by faculty and students from the Mechanical Engineering Department
- Conducted interactive awareness session on the benefits of solar energy for rural households
- Explained government schemes and subsidies for installing solar panels
- Shared real-life examples of how solar power can reduce electricity costs and carbon footprint
- Villagers, especially youth and farmers, showed great enthusiasm and interest
- Students developed leadership and communication skills through real-world engagement
- Concluded with group photo and thanks from the village representatives

### **Outcome:**

- Villagers gained a clear understanding of solar energy and its long-term benefits
- Several attendees expressed interest in installing solar panels using government subsidies
- Strengthened the university-community connection, encouraging future collaborations
- Students gained hands-on experience in community engagement and technical communication
- Event served as a stepping stone for future workshops and solar installation support initiatives



**Attendance Sheet:**

**Shree Guru Gobind Singh Tricentenary University, Gurgaon**

**Faculty of Engineering and Technology**

**Department of Mechanical Engineering**

**"Outreach Activity on 29th April 2025- "Empowering Villages with Solar Energy: A Step Towards Sustainable Living"**

Regd. No.	Student Name	Program	Course	Signature
241303001	OM PRAKASH KUMAR	B.Tech. 1st Year	Mechanical Engineering	
241303002	RAHUL ROHILLA	B.Tech. 1st Year	Mechanical Engineering	-
241303003	YASH YADAV	B.Tech. 1st Year	Mechanical Engineering	
241303004	JATIN NEHRA	B.Tech. 1st Year	Mechanical Engineering	
241303005	NIKHIL	B.Tech. 1st Year	Mechanical Engineering	
241303006	YASH SHARMA	B.Tech. 1st Year	Mechanical Engineering	
241303007	DEEPANSHU	B.Tech. 1st Year	Mechanical Engineering	
241303008	RANJAN KUMAR	B.Tech. 1st Year	Mechanical Engineering	
241303009	AAKASHDEEP	B.Tech. 1st Year	Mechanical Engineering	
241303010	YASH SINGH	B.Tech. 1st Year	Mechanical Engineering	
241303011	ANSH	B.Tech. 1st Year	Mechanical Engineering	
241303013	MANISH KUMAR SHARMA	B.Tech. 1st Year	Mechanical Engineering	
241303014	SHEKHAR KUMAR	B.Tech. 1st Year	Mechanical Engineering	
241303018	CHETAN SHARMA	B.Tech. 1st Year	Mechanical Engineering	
241303016	ANUJ	B.Tech. 1st Year	Mechanical Engineering	
241303017	YASHDEEP	B.Tech. 1st Year	Mechanical Engineering	
231303001	LAVISH LAKRA	B.Tech.2nd Year	Mechanical Engineering	-
231303002	GEORGE	B.Tech.2nd Year	Mechanical Engineering	
231303004	TUSHAR YADAV	B.Tech.2nd Year	Mechanical Engineering	
231303005	ADITYA RAY	B.Tech.2nd Year	Mechanical Engineering	-
231303006	HARSH VARDHAN	B.Tech.2nd Year	Mechanical Engineering	
231303007	HARSH KASHYAP	B.Tech.2nd Year	Mechanical Engineering	
231303009	ROBINSON LOYAL	B.Tech.2nd Year	Mechanical Engineering	
231303010	ARYAN MOHAR	B.Tech.2nd Year	Mechanical Engineering	
231303012	TANISHQ CHOUDHARY	B.Tech.2nd Year	Mechanical Engineering	-
241303012	REETESH MEHTA	B.Tech.2nd Year	Mechanical Engineering	-
241303019	YASH SHARMA	B.Tech.2nd Year	Mechanical Engineering	

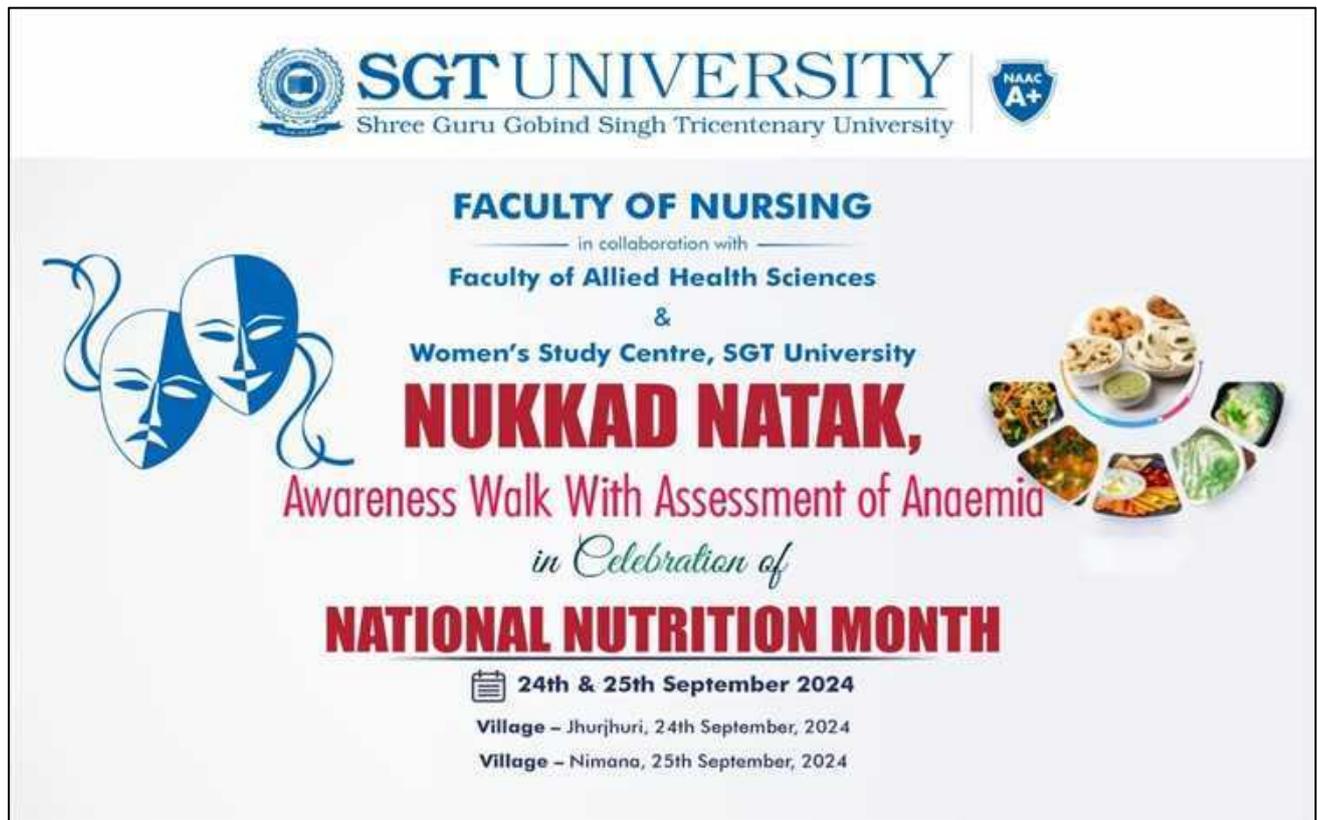
**Faculty Members**

S. No.	Name of Faculty Member
1	Ms. Monika Deshwal
2	Mr. Sunny Misra
3	Mr Kaushal Sharma

### Details of the Events

S.N.	Description	Remarks
1.	Title of the Events	“Nukkad Natak, Awareness walk and assessment of Anaemia for celebrating National nutrition month”
2.	Organizers	Department of Child Health Nursing, Faculty of Nursing, Department of Nutrition & Dietetics, Faculty of Allied health sciences and Women’s Study Centre
3.	Date and Time	24th & 25th September 2024
4.	Venue	Village Jhurjhuri and Village Nimana.

### Banner



The banner features the SGT University logo and NAAC A+ accreditation at the top. Below this, it identifies the organizing departments: Faculty of Nursing, Faculty of Allied Health Sciences, and Women's Study Centre, SGT University. The main event title is "NUKKAD NATAK, Awareness Walk With Assessment of Anaemia in Celebration of NATIONAL NUTRITION MONTH". The dates are listed as 24th & 25th September 2024, with specific venues for each day: Jhurjhuri on the 24th and Nimana on the 25th. The banner is decorated with a Nukkad Natak mask icon on the left and a plate of diverse food items on the right.

## Minute to Minute

### Day 1: Jhurjhuri Village (24th September 2024)

- **10:00 AM – 10:30 AM:** Gathering of students, faculty, and community members
  - **10:30 AM – 11:00 AM:** **Awareness Walk** through the village to engage community and spread message on nutrition & anaemia prevention
  - **11:00 AM – 11:30 AM:** **Nukkad Natak Performance** – highlighting symptoms, causes, and consequences of anaemia
  - **11:30 AM – 01:00 PM:** **Health Camp** – Haemoglobin testing of 30 women
  - **01:00 PM – 02:00 PM:** **Individual Nutritional Counselling** for women with low haemoglobin levels
  - **02:00 PM onwards:** Interaction, feedback collection, and conclusion
- 

### Day 2: Nimana Village (25th September 2024)

- **10:00 AM – 10:30 AM:** Gathering of students, faculty, and local women participants
- **10:30 AM – 11:00 AM:** **Awareness Walk** across the village
- **11:00 AM – 11:30 AM:** **Nukkad Natak Performance** – message reinforcement on anaemia prevention & importance of nutrition
- **11:30 AM – 01:30 PM:** **Health Camp** – Haemoglobin testing of 65 women
- **01:30 PM – 02:30 PM:** **Personalized Nutritional Counselling** for anaemic women
- **02:30 PM onwards:** Closing remarks, community interaction, and conclusion

### Highlights of the Events (Images)





## Outcomes of the Activity

1. **Community Engagement:** Over 95 women from two villages actively participated.
2. **Awareness Generation:** Villagers gained knowledge about anaemia, its symptoms, causes, and prevention through street play and awareness walk.
3. **Health Assessment:** Haemoglobin testing conducted for 95 women (30 in Jhurjhuri, 65 in Nimana).
4. **Nutritional Counselling:** Personalized dietary guidance provided to women with low haemoglobin levels.
5. **Behavioural Impact:** Women understood the importance of balanced diet and preventive health practices.
6. **Capacity Building:** Students of Nursing and Allied Health Sciences gained hands-on experience in community outreach, health education, and anaemia screening.
7. **Sustainable Awareness:** Event fostered a culture of nutrition-conscious living, encouraging long-term lifestyle changes in rural communities.

## Attendance

Sl. no	Date	Registration no.	Visiting Place: Name	Course/ Faculty
1	25/9/24	—	Dr. Khushi	FNUR
2	25/9/24	—	Dr. Kulkarni	FNUR
3	25/9/24	—	Dr. G. B. Bhat	FANS
4	25/9/24	—	Dr. Vatsaloi	FANS
5	25/9/24	220415095	Soniya	FNUR
6	"	220415090	Kunal	FNUR
7	"	220415092	Megha	FNUR
8	"	220415098	Nancy	"
9	"	220415101	Jyoti	"
10	"	220415102	Ritika	"
11	"	220415105	Preerna	"
12				

s Name:		Visiting Place:	
Date	Registration no.	Name	Course/ Faculty
24 Sept. 2024	230525020	Sakshi Chaudhary	BND (3 <sup>rd</sup> Sem)
11	230525007	Ritika Gulia	11
	230525017	Kanak Uo	11
"	230525002	Pratiksha	11
"	230525013	Aditi	11
11	230525018	Dishita	11
11	230525006	Piyush	11
11	230525019	Mayank	11
11	230525010	Anshu Chauhan	11
11	230525024	Mehulata	11
11	230525001	Reema	11
13	230525008	Ashwika	11
13	230525007	Cecilia	11
14	230525009	Manya	11
15	230525005	Neha	11
16	230525023	Tanya	11
17	230525016	Vishakha	11
18	230525014	Annu	11
19 Oct	230525025	Chitranshi	
20	230525021	Satemmongla	
21	230525011	Sumanjit	

## Event Report

**Date:** 16 Apr 2025

**Title of the event:** Skill Development program on “Empowering women with Tie and Dye techniques”

**Organizer(s):** Faculty of Design in collaboration with Samajik Vikas SGT ka Prayas (SVSP), SGT University

**Venue:** Makdola Village, Gurugram

**Chief Guests / Speakers / Resource Persons:**

**Event Coordinator:**

### Event Poster/Banner

### Minute to Minute Programme:

<b>Time</b>	<b>Activity</b>	<b>Description</b>
10:00 – 10:15 AM	Arrival & Registration of Participants	Rural women participants gather at the training venue; registration and welcome kit distribution.
10:15 – 10:30 AM	Inaugural Session	Faculty members from the Department of Design and representatives from SVSP introduce the program objectives and importance of tie and dye as a skill for empowerment.
10:30 – 11:15 AM	Orientation & Demonstration	Trainers explain the cultural, creative, and commercial value of tie and dye. Demonstration of folding, binding, and dyeing techniques.
11:15 – 01:00 PM	Hands-on Training: Part I	Participants practice basic tie and dye techniques under supervision. Trainers guide them through pattern-making and color application.

01:00 – 01:30 PM	Lunch & Informal Interaction	Participants and trainers interact over lunch, sharing ideas and experiences.
01:30 – 03:00 PM	Hands-on Training: Part II	Advanced practice with experimenting in different designs, color combinations, and fabric types.
03:00 – 03:30 PM	Showcase & Feedback Session	Participants showcase their tie and dye work. Trainers provide constructive feedback and encourage creative exploration.
03:30 – 04:00 PM	Certificate Distribution & Closing Ceremony	Certificates awarded to participants. Trainers provide guidance on turning skills into entrepreneurial opportunities. Vote of thanks by SVSP coordinator.

### **Highlights of the Event:**

- Successful one-day offline training program conducted in Makdola village.
- More than XX rural women participated actively and learned tie and dye techniques.
- Practical hands-on sessions allowed participants to create their own unique patterns and designs.
- Participants gained awareness about the entrepreneurial potential of tie and dye craft.
- Certificates of participation were awarded to encourage women and boost confidence.







### **Outcome:**

- Skill Development: Women gained practical knowledge of tie and dye techniques.
- Empowerment: Boosted self-confidence and creativity among rural women.
- Livelihood Opportunities: Provided a foundation for women to start small-scale businesses or self-help group activities.
- Community Engagement: Strengthened SGT University's outreach in promoting women-centric development.
- Sustainability Impact: Encouraged the use of eco-friendly dyes and fabrics for long-term skill application.

## Event Report

**Date:** 2 Sep 2024

**Title of the event:** Skill Development Program for Rural Women – Embroidery & Smocking Design Training

**Organizer(s):** Faculty of Design, in collaboration with *Samajik Vikas SGT ka Prayas (SVSP)*

**Venue:** SGT University, Gurugram

**Chief Guests / Speakers / Resource Persons:**

**Event Coordinator:** Ms. Manju Singh (Assistant Professor, Faculty of Design)

### Event Poster/Banner

### Minute to Minute Programme:

#### Day 1: 2<sup>nd</sup> September 2024

<b>Time</b>	<b>Activity</b>	<b>Description</b>
10:00 – 10:15 AM	Arrival & Registration of Participants	Rural women participants gather at the training venue; registration and welcome kit distribution.
10:15 – 10:30 AM	Inaugural Session	Faculty members from the Department of Design and representatives from SVSP introduce the program objectives and importance of tie and dye as a skill for empowerment.
10:30 – 11:15 AM	Orientation & Demonstration	Trainers explain the cultural, creative, and commercial value of tie and dye. Demonstration of folding, binding, and dyeing techniques.

11:15 – 01:00 PM	Hands-on Training: Part I	Participants practice basic tie and dye techniques under supervision. Trainers guide them through pattern-making and color application.
01:00 – 01:30 PM	Lunch & Informal Interaction	Participants and trainers interact over lunch, sharing ideas and experiences.
01:30 – 03:00 PM	Hands-on Training: Part II	Advanced practice with experimenting in different designs, color combinations, and fabric types.
03:00 – 03:30 PM	Showcase & Feedback Session	Participants showcase their tie and dye work. Trainers provide constructive feedback and encourage creative exploration.
03:30 – 04:00 PM	Certificate Distribution & Closing Ceremony	Certificates awarded to participants. Trainers provide guidance on turning skills into entrepreneurial opportunities. Vote of thanks by SVSP coordinator.

### **Day 2: 3<sup>rd</sup> September 2024**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
10:00 – 12:30 PM	Introduction to Smocking Techniques	Demonstration of smocking patterns and design variations.
12:30 – 01:00 PM	Q&A Session	Clarifications on techniques and product applications.
01:00 – 01:30 PM	Lunch Break	Informal peer discussion.
01:30 – 03:30 PM	Hands-on Practice	Practical training on smocking designs to be used on pillow/cushion covers.
03:30 – 04:00 PM	Feedback & Day-End Reflection	Trainers reviewed progress and gave improvement tips.

### **Day 3: 4<sup>th</sup> September 2024**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
10:00 – 12:00 PM	Construction of Products	Training on stitching pillow and cushion covers with smocked fabric using sewing machines.
12:00 – 01:00 PM	Doubt-Clearing Session	Participants clarified doubts from embroidery and smocking sessions.

01:00 – 01:30 PM	Lunch Break	Networking and informal sharing.
01:30 – 03:00 PM	Showcase of Work	Participants displayed their embroidered and smocked fabric products.
03:00 – 03:30 PM	Certificate Distribution & Closing Ceremony	Certificates awarded; concluding remarks by faculty members.

### **Highlights of the Event:**

- Three-day intensive **offline training program** for rural women.
- Skill-building in **embroidery techniques** (modern & traditional) and **smocking designs**.
- Hands-on product creation including **pillow covers, cushion covers, and t-shirts**.
- Overwhelmingly positive feedback from participants, who appreciated the practical learning.
- Trainers emphasized both **creative expression** and **entrepreneurial application** of skills.





**Outcome:**

- Skill Development: Women acquired embroidery and smocking design skills with practical applications.
- Product Creation: Participants successfully produced handcrafted items like cushion covers and pillow covers.
- Empowerment: Enhanced self-confidence and motivation among participants to explore entrepreneurship.
- Cultural Preservation: Revived interest in traditional crafts such as *Phulkari* and *Kantha*.
- Economic Potential: Opened pathways for rural women to generate income through self-help groups or small enterprises.
- Community Engagement: Strengthened the university's role in rural outreach and women empowerment.

Attendance Sheet:

Sr. No.	Name	Signature
1	Geeta Sharma	Geeta
2	Poojani Sharma	
3	Anita Bhatia	Anita
4	Pavitra	Pavitra
5	Ravi Prafapat	Ravi
6	Madhu	Madhu
7	Nisha	Nisha
8	Reenu	Reenu
9	Preeti	Preeti
10	Chanchal	Chanchal
11	Anju	Anju
12	Savitri	Savitri
13	Mukesh	Mukesh
14	Manita	Manita
15	Sumitra	Sumitra Kumari
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Coordinator Signature  
Ms. Manju Singh

**SGT UNIVERSITY**  
Shree Guru Gobind Singh Tricentenary University  
FACULTY OF DESIGN

NAAC A+

71

Date: 02/09/2024

**Attendance**  
Samajik Vikas SGT Ka Prayas (SVSP)  
Skill Development Program for Rural Women

## Event Report

**Date:**

**Title of the event:** SYNERGY 2024

**Organizer(s):** Faculty of Design, SGT University

**Venue:**

**Chief Guests / Speakers / Resource Persons:**

**Event Coordinator:** Ms. Manju Singh (Assistant Professor, Outreach Coordinator, FOD)

### Event Poster/Banner

### Minute to Minute Programme:

Time	Activity	Description
10:00 – 10:30 AM	Inaugural Session	Welcome note by Faculty of Design; introduction to the objectives of <i>Synergy 2024</i> .
10:30 – 11:30 AM	Product Display Walkthrough	Village women showcased lifestyle products (smoking design cushions, pillows, and embroidered items) while narrating the creative process behind each.
11:30 – 12:30 PM	Interactive Session with Artisans	Artisans shared personal stories, training experiences, and cultural significance of their crafts.
12:30 – 01:00 PM	Audience Interaction	Visitors engaged with artisans, asked questions about techniques, and discussed product usage.
01:00 – 01:30 PM	Lunch Break & Networking	Informal interaction among artisans, faculty, and students.

01:30 – 02:30 PM	Demonstration Session	Live demonstration of embroidery and smoking design techniques by participating women.
02:30 – 03:00 PM	Feedback & Reflection	Audience shared their appreciation for originality and sustainability of the showcased products.
03:00 – 03:30 PM	Closing Ceremony	Vote of thanks; concluding remarks on promoting women empowerment and sustainable livelihoods.

### Highlights of the Event:

- Showcased **lifestyle products crafted by village women**, blending traditional craftsmanship with modern design.
- Products included **smoking design cushions and pillows** and **hand-embroidered items**, reflecting creativity and functionality.
- **Village women artisans** not only displayed their work but also narrated stories of cultural heritage and personal empowerment.
- The event received **overwhelming appreciation** from attendees for originality, quality, and sustainability.





### Outcome:

- **Women Empowerment:** Provided artisans with visibility, confidence, and direct interaction with a wider audience.
- **Market Access:** Created new opportunities for collaborations and sales of handcrafted items.
- **Skill Recognition:** Highlighted artisans' expertise in **smoking design and embroidery**, encouraging skill preservation and innovation.
- **Community Engagement:** Strengthened the connection between SGT University, rural communities, and sustainable practices.
- **Future Opportunities:** Paved the way for further entrepreneurial initiatives and training programs to enhance rural livelihoods.

### Attendance Sheet:

## Event Report

**Date:** 25 March 2025

**Title of the event:** Community Based Rehabilitation Programme

**Organiser (s):** Faculty of Education

**Venue:** Amar Jyoti Rehabilitation and Research Centre in Karkardooma, Delhi

**Chief Guests / Speakers / Resource Persons:**

**Event Coordinator:** Prof. (Dr.) Madhavi Sharma, Dean of the Faculty of Education

### Minute to Minute Programme:

Time	Activity
07:30 AM	Gathering of students and faculty at the SGT University campus
07:45 AM	Departure from SGT University by bus
10:15 AM	Arrival at Amar Jyoti Rehabilitation and Research Centre, Delhi
10:30 AM	Warm welcome by Ms. Parul Singh, Social Outreach Coordinator
10:35 AM	Brief introduction to the centre's mission, vision, and services
10:50 AM	Presentation on Inclusive Education Model and the Centre's history
11:15 AM	Guided tour of the inclusive classrooms – live observation
11:45 AM	Visit to Therapy Units: Physiotherapy, Occupational Therapy, Speech Therapy
12:30 PM	Interaction with therapeutic staff and Q&A session
01:00 PM	Lunch Break
01:45 PM	Visit to Vocational Training Units (Pottery, Art & Craft, Tailoring)
02:30 PM	Hands-on engagement with vocational training activities
03:00 PM	Reflection session with the centre's faculty and discussion on rehabilitation
03:30 PM	Group photograph and certificate/token of appreciation exchange
04:00 PM	Departure from Amar Jyoti Centre
06:30 PM	Arrival at SGT University campus

### **Highlights of the Event:**

A highlight of the visit was the interaction with the vocational training units, such as art & craft, pottery, and cutting/tailoring, which empower individuals with disabilities by equipping them with marketable skills for self-reliance.

This visit provided the trainees from SGT University with a profound understanding of practical strategies in special education and rehabilitation. It underscored the significance of community-based approaches and the pivotal role of interdisciplinary collaboration in fostering an inclusive society.

### **Outcome:**

The students had the opportunity to observe the centre's inclusive education model, where children with and without disabilities learn together in a supportive and inclusive environment. They also explored various therapeutic services, including physiotherapy, occupational therapy, and speech therapy, all aimed at enhancing the functional abilities of the beneficiaries

### **Photographs**





### 1.4.3 Services Provide for Local Community

#### Index

S.No.	Title	Date
1	A Health Camp under Family adoption programme organised by Health care providers at Anganwadi Centre at Garhi-Harsaru	11-07-2024
2	A Health Camp under Family adoption programme organised by Health care providers at Anganwadi Centre at Garhi-Harsaru	17-07-2024
3	Fit Future BMI Check Camp	07-04-2025
4	Physiotherapy Checkup and Health Camp	11-12-2024
5	Physiotherapy Assessment and Awareness Camp	18-02-2025
6	Physiotherapy for musculoskeletal condition and ergonomic advice	20-01-2025
7	Lung Health Checkup: Screening for a Better tomorrow	29-01-2025
8	Physiotherapy Awareness Camp on Menopause	24-01-2025
9	Physiotherapy Checkup and Health Camp	20-01-2025
10	PAYTM health camp	04-03-2025

## Event Report

**Date:** 11 July 2024

**Title of the event:** A Health Camp under Family adoption programme organised by Health care providers at Anganwadi Centre at Garhi-Harsaru

**Organizer(s):** Department of Community Medicine, FMHS, SGT University

**Venue:** At Anganwadi Centre, Garhi-Harsaru

**Chief Guests / Speakers / Resource Persons:**

**Event Coordinator:**

The faculty members,

- Senior residents, PG students, interns and Health care staff from the
- Department of Community Medicine, SGT University.

**Event Poster/Banner**



### **Minute to Minute Programme:**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
09:30 – 10:00 AM	Arrival & Setup	Faculty members, senior residents, PG students, interns, and health staff set up the camp space, OPD desk, BP & sugar testing counters, and registration area.
10:00 – 10:15 AM	Camp Inauguration & Orientation	Brief introduction given to community members about the purpose of the camp and services available.
10:15 – 12:15 PM	Health Screening & OPD Services	- General OPD consultation provided. - Height, weight, BMI, and waist-to-hip ratio measurements taken. - Random blood sugar (RBS) and blood pressure (BP) checked. - General physical examination conducted. - Hb testing for anemia screening.
12:15 – 12:45 PM	Medicine Dispensing	Free medicines distributed based on prescriptions given after consultation.
12:45 – 01:00 PM	Community Awareness & Counselling	Beneficiaries were counseled on NCD risk factors, lifestyle modification, and informed about health services available at SGT Hospital.
01:00 PM onwards	Closing & Feedback	Camp concluded with collection of community feedback and documentation of beneficiaries.

### **Highlights of the Event:**

- Organized by Department of Community Medicine, FMHS, SGT University as part of the Family Adoption Programme.
- Active participation of faculty, senior residents, PG students, interns, and healthcare staff ensured smooth execution.
- 16 beneficiaries registered and availed services, including elderly people, women, adolescents, and children.
- Free OPD consultation, BMI check, BP & RBS testing, Hb testing, and general examination conducted.
- Beneficiaries received free medicines as per prescription.
- Community sensitized about the importance of NCD screening and encouraged to utilize facilities at SGT Hospital.
- Positive response and appreciation from the residents of Garhi-Harsaru.



### **Outcome:**

- 16 beneficiaries screened for diabetes, hypertension, anemia, and general health issues.
- Early identification of NCD risk factors (Diabetes & Hypertension) achieved.
- Residents received accessible and free healthcare services within their community.
- Strengthened community awareness of preventive healthcare and available facilities at SGT Hospital.
- The camp successfully demonstrated the importance of community-based health interventions in promoting early screening and prevention of chronic diseases.

### **Attendance Sheet:**

SGT Medical College, Hospital & Research Institute  
 (A Constituent of SGT University)  
 Address: Sangam Hall Road, Sangam District - 122001 Ph. 011-23242000, 23242001

**O.P.D PATIENT REGISTER**

S. No.	Date	O.P.D. No.	Patient Name	Age/Sex	Doctor's Name	Department	Remark
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SGT Medical College, Hospital & Research Institute  
 (A Constituent of SGT University)  
 Address: Sangam Hall Road, Sangam District - 122001 Ph. 011-23242000, 23242001

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SGT Medical College, Hospital & Research Institute  
 (A Constituent of SGT University)  
 Address: Sangam Hall Road, Sangam District - 122001 Ph. 011-23242000, 23242001

**O.P.D PATIENT REGISTER**

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## Event Report

**Date:** 17 July 2024

**Title of the event:** A Health Camp under Family adoption programme organised by Health care providers at Anganwadi Centre at Garhi-Harsaru

**Organizer(s):** Department of Community Medicine, FMHS, SGT University

**Venue:** Anganwadi Centre, Sardana

**Chief Guests / Speakers / Resource Persons:**

**Event Coordinator:**

The faculty members,

- senior residents, PG students, interns and Health care staff from the
- department of Community Medicine, SGT University.

**Event Poster/Banner**

**Minute to Minute Programme:**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
09:30 – 10:00 AM	Arrival & Setup	Team of faculty, senior residents, PGs, interns, and health staff arranged OPD desk, screening counters, registration, and lab testing area.
10:00 – 10:15 AM	Camp Inauguration & Orientation	Introduction to beneficiaries about the purpose of the camp, awareness on lifestyle diseases, and services available at SGT Hospital.
10:15 – 12:30 PM	Health Screening & OPD Services	- General OPD consultation - Height, weight, BMI, and waist-to-hip ratio - BP measurement & RBS testing for NCD screening - Hb testing for anemia - General physical examination
12:30 – 12:50 PM	Medicine Dispensing	Beneficiaries received prescribed medicines free of cost.

12:50 – 01:00 PM	Awareness & Counselling Session	Participants were counseled on healthy diet, prevention of diabetes & hypertension, and regular follow-up at SGT Hospital.
01:00 PM onwards	Closing & Feedback	Collection of community feedback, documentation of services provided, and conclusion of camp.

### **Highlights of the Event:**

- Conducted by Department of Community Medicine, FMHS, SGT University under the Family Adoption Programme.
- Active involvement of faculty, senior residents, PG students, interns, and health staff ensured smooth functioning.
- 33 beneficiaries, including elderly, women, adolescents, and children availed free health services.
- Comprehensive services provided: OPD consultation, BMI assessment, BP & RBS testing, Hb testing, and physical examination.
- Free medicines dispensed to all beneficiaries.
- Awareness sessions conducted to educate the community on prevention of lifestyle diseases and importance of availing health services at SGT Hospital.
  - Positive response and appreciation received from the community.

### **Outcome:**

- 33 beneficiaries screened for risk factors of Diabetes, Hypertension, and Anemia.
- Early detection of NCDs was achieved, ensuring timely referral and management.
- Improved accessibility of basic OPD services within the community, reducing barriers to healthcare.
- Enhanced community awareness on preventive health practices and services available at SGT Hospital.

- The camp successfully demonstrated the role of community-based outreach in preventive health and early intervention.



**Attendance Sheet:**

**SGT Medical College, Hospital & Research Institute**  
(A Constituent of SGT University)  
Bafra, Gurgaon Sadi Road, Gurgaon (Haryana) - 122005 Ph. : 0124-2276183, 2276184, 2276185

Date: 18/3/24

**O.P.D PATIENT REGISTER**

No.	Date	O.P.D. No.	Patient Name	Age/Sex	Doctor's Name	Department	Remark
1	18/3/24		जायल	50/F	डॉ. अरुण	Med.	7493/02153
2	"		विनी	50/F	डॉ. अरुण	Med.	
3	"		विनायक	40/M	डॉ. निखिल	Dentale	8448053550
4	"		सलोहे देवी	50/F	डॉ. मोंगीराम	Med.	
5	"		समदास	38/M	डॉ. राम जी	Eye	8810243025
6	"		गंडू देवी	50/F	डॉ. अरुण	Subspecialty	
7	"		इ. वा. डी	10/M	डॉ. महेन्द्र सिंह	Med.	9503249252
8	"		मो. म्या	8/F	"	"	"
9	"		पन्नालाल	20/M	डॉ. विश्वजीत	Eye	
10	"		कुमिल	40/F	डॉ. राजकुमार	Eye	781853276
11	"		विमल देवी	50/F	डॉ. निखिल	Med.	
12	"		रानी	20/F	डॉ. अरुण	Dentale	7019539801
13	"		इ. वा. डी	8/F	डॉ. अरुण	"	"
14	"		कमल	60/M	डॉ. रामजी	Subspecialty	7473454310
15	"		इ. वा. डी	10/F	डॉ. महेन्द्र सिंह	Dentale	7817539801
16	"		पन्नालाल	60/M	डॉ. निखिल	Med.	8376046519
17	"		स. वा. डी	50/F	डॉ. अरुण	Subspecialty	"
18	"		स. वा. डी	20/M	डॉ. रामजी	Med.	
19	"		स. वा. डी	20/F	डॉ. रामजी	Med.	
20	"		स. वा. डी	20/F	डॉ. महेन्द्र सिंह	Eye	
21	"		स. वा. डी	20/F	डॉ. अरुण	Eye	
22	"		विमल	40/M	डॉ. अरुण	Eye	7082065500
23	"		स. वा. डी	20/F	डॉ. अरुण	Eye	"
24	"		स. वा. डी	20/F	डॉ. अरुण	Med.	9319862502
25	"		स. वा. डी	20/F	डॉ. अरुण	Med.	8154266547
26	"		विना	40/F	डॉ. राजकुमार	Med.	773103276

**SGT Medical College, Hospital & Research Institute**  
(A Constituent of SGT University)  
Bafra, Gurgaon Sadi Road, Gurgaon (Haryana) - 122005 Ph. : 0124-2276183, 2276184, 2276185

**O.P.D PATIENT REGISTER**

No.	Date	O.P.D. No.	Patient Name	Age/Sex	Doctor's Name	Department	Remark
27	18/3/24		विमल	50/F	डॉ. नारायण सिंह	Med.	
28	"		विमल देवी	50/F	डॉ. अरुण	Subspecialty	
29	"		सो. वा. डी	60/F	डॉ. पन्नालाल	Eye	
30	"		सो. वा. डी	40/F	डॉ. अरुण	Med.	
31	"		सो. वा. डी	20/F	डॉ. महेन्द्र सिंह	Med.	
32	"		इ. वा. डी	20/F	डॉ. अरुण	Dentale	913042830
33	"		विना	50/F	डॉ. रामजी	Med.	
34	"		स. वा. डी	30/F	डॉ. अरुण	Med.	
35	"		स. वा. डी	40/M	डॉ. अरुण	Eye	906726050
36	"		इ. वा. डी	20/F	डॉ. अरुण	Med.	701121500
37	"		स. वा. डी	50/F	डॉ. अरुण	Dentale	3,
38	"		स. वा. डी	50/F	डॉ. अरुण	Med.	
39	"		विमल	30/M	डॉ. निखिल	Subspecialty	721079947
40	"		विमल	30/M	डॉ. निखिल	Med.	857827266
41	"		स. वा. डी	20/F	डॉ. अरुण	Med.	8130248303
42	"		स. वा. डी	20/F	डॉ. महेन्द्र सिंह	Med.	7903382807
43	"		स. वा. डी	20/F	डॉ. निखिल	Med.	857827266
44	"		स. वा. डी	20/F	डॉ. अरुण	Subspecialty	
45	"		स. वा. डी	20/F	डॉ. अरुण	Eye	
46	"		स. वा. डी	20/F	डॉ. अरुण	Eye	701121500
47	"		स. वा. डी	20/F	डॉ. अरुण	Eye	701121500
48	"		स. वा. डी	20/F	डॉ. अरुण	Eye	
49	"		स. वा. डी	20/F	डॉ. अरुण	Subspecialty	721079947
50	"		स. वा. डी	20/F	डॉ. अरुण	Med.	7940443308
51	"		स. वा. डी	20/F	डॉ. अरुण	Med.	857827266
52	"		स. वा. डी	20/F	डॉ. अरुण	Med.	701121500

## Event Report

**Date:** 07 April 2025

**Title of the event:** Fit Future BMI Check Camp

**Organizer(s):** Faculty of Physiotherapy, SGT University

**Venue:** Bright Beginning Public school, Farukhnagar, Gurugram

**Event Coordinator:** Dr. Neha Reyalch

### Minute to Minute Programme:

Time	Activity	Description
09:00 AM	Departure from SGT University	Team comprising physiotherapy students and faculty departed for the camp venue.
10:30 AM	Arrival at Bright Beginning Public School	Camp team arrived and began initial setup and coordination.
10:45 AM	Orientation & Welcome Address	Introduction of the camp objectives and welcome by school authorities.
11:00 AM	BMI Screening & Health Assessments Begin	Students aged 2–15 years underwent BMI checks and general health evaluations.
11:30 AM	Demonstration: Physiotherapy Exercises	Demonstration of key exercises: hamstring stretches, breathing techniques, thoracic expansion, and balance.
12:00 PM	Practical Session: Student Participation	Students practiced physiotherapy exercises under guidance of MPT students Komal and Lipika.
12:30 PM	Interactive Session: Lifestyle Awareness	Students educated on lifestyle disorders, posture issues, and benefits of regular exercise.
01:00 PM	Follow-Up Advice & Referrals	Parents and students advised on the need for hospital evaluation where necessary.
01:30 PM	Feedback & Community Interaction	Feedback collected from students and teachers; positive responses noted.
02:00 PM	Closing Remarks & Acknowledgments	Concluding note by event coordinator and school representatives.
02:15 PM	Departure from School	Team packed up and returned to SGT University.

03:30 PM	Arrival at SGT University	Return to campus marked the conclusion of the camp.
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### **Highlights of the Event:**

1. **Collaboration Between Faculties:** The health camp was organized as a collaborative effort between the Faculty of dental, Allied Sciences and department of ophthalmology along with the Faculty of Physiotherapy at SGT University, showcasing the power of interdisciplinary cooperation in promoting community health.
2. **Free Health Assessments:** A total of 40 Students, aged between 2-15 years, received free health assessments focused on early detection of lifestyle and growth related health conditions such as childhood obesity, malnutrition, stunted growth, and various musculoskeletal deformities such as bow legs, knock knees etc.
3. **Engaging Awareness Sessions:** Students were educated about common lifestyle related health conditions and their symptoms. The awareness sessions emphasized the significance of lifestyle changes, and pros of being a active and fit being.
4. **Introduction to Physiotherapy:** For many Students and parentss, this camp marked their first introduction to physiotherapy. Students demonstrated and guided them through various exercises.
5. **Practical Demonstrations:** Hands-on demonstrations of physiotherapy exercises and evaluating the BMI to assess and guide them toward good health and overall well-being.
6. **Active Student Participation:** The camp was led by two anthusiastic physiotherapy students— both from the first- year MPT program (Komal and Lipika Yadav). Their involvement ensured a practical and personalized experience for all participants.
7. **Positive Community Response:** The camp received an enthusiastic response from the students , school teachers, and their parents for being educated about various lifestyle related conditions and the importance of maintaining good health. The initiative also raised awareness about the harmful effects on lifestyle changes, particularly regarding sedantary living and its impact on various functions of the body.



### Outcome:

#### 1. **Raised Awareness About Healthy Lifestyle Practices:**

Interactive sessions and practical demonstrations increased awareness among students about the harmful effects of sedentary lifestyles, poor nutrition, screen dependence, and lack of physical activity. Students and staff were educated on preventive strategies to avoid lifestyle-related disorders.

#### 2. **Introduction to Physiotherapy:** Many participants were introduced to physiotherapy for the first time, learning exercises to improve lifestyle for healthy living.

**3. Early Detection of Health Concerns :**

BMI evaluations conducted during the camp helped identify early signs of childhood obesity, malnutrition, and growth irregularities such as stunted growth. Musculoskeletal deformities like bow legs and knock knees were flagged for follow-up, supporting timely intervention.

**4. Positive Response:**

The initiative received enthusiastic feedback from the community, with many expressing interest in continuing the exercises and seeking further evaluations.

**5. Empowered Participants:**

Students practiced physiotherapy techniques like diaphragmatic breathing, hamstring stretch and balance exercises gaining to improve their overall health .

**6. Successful Collaboration:**

The teamwork between the Faculty of Dental Sciences, Faculty of Allied Sciences, Department of Ophthalmology and Faculty of Physiotherapy at SGT University contributed to the camp's success.

**Attendance Sheet:**

 <b>SGT UNIVERSITY</b> Shree Guru Gobind Singh Tricentenary University FACULTY OF PHYSIOTHERAPY Date: 04/04/2025	 <b>SGT UNIVERSITY</b> Shree Guru Gobind Singh Tricentenary University FACULTY OF PHYSIOTHERAPY Date: 04/04/2025																											
<p>The Faculty of Physiotherapy is organizing a health camp at Bright Beginning Public School (For future BMI Check camp) on 7<sup>th</sup> April 2025 in collaboration with Dental, Allied sciences and Department of ophthalmology</p> <p>The following faculty member and MPT students, have been assigned to participate in the clinical outreach health camp.</p> <p>Faculty in charge - Dr. Naha Breyah </p>	<p><b>CIRCULAR</b></p> <p>The Faculty of Physiotherapy is organizing a health camp at Bright Beginning Public School (For future BMI Check camp) on 7<sup>th</sup> April 2025 in collaboration with Dental, Allied sciences and Department of ophthalmology</p> <p>The following faculty member and MPT students, have been assigned to participate in the clinical outreach health camp.</p> <p>Faculty in charge - Dr. Naha Breyah</p>																											
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Phone: 0124-2278183, 84, 85    Fax: 3298 3298    E-mail ID: dean.phy@sgtuniversity.org	Phone: 0124-2278183, 84, 85    Fax: 3298 3298    E-mail ID: dean.phy@sgtuniversity.org																											

## Event Report

**Date:** 11 December 2024

**Title of the event:** Physiotherapy Checkup and Health Camp

**Organizer(s):** Faculty of Physiotherapy

**Venue:** Krishi Bhawan

### Minute to Minute Programme:

Time	Activity	Description
10:00 AM - 10:30 AM	Setup and Arrival	The team from SGT University arrives at Krishi Bhawan, sets up the camp, and prepares for the day's activities.
10:30 AM - 11:00 AM	Participant Registration & Briefing	Government officials register for the camp and receive a brief introduction to the day's events.
11:00 AM - 1:00 PM	Physical Fitness & Posture Analysis	Participants undergo assessments to check strength, flexibility, endurance, and receive a detailed posture analysis.
1:00 PM - 2:00 PM	Ergonomic Evaluations & Consultations	The team provides one-on-one guidance on how to set up ergonomic workstations to prevent strain.
2:00 PM - 3:00 PM	Interactive Sessions	Workshops are held on posture correction, stretching exercises, and physical rehabilitation techniques.
3:00 PM - 4:00 PM	Personalized Consultations & Recommendations	Each participant receives a tailored consultation with practical advice for improving their health and habits.
4:00 PM - 4:30 PM	Concluding Remarks & Wrap-up	The event concludes with a final thank you to the officials and a promise for healthier workplace habits.

### Highlights of the Event:

- The health camp was organized by the Faculty of Physiotherapy at SGT University.
- It took place at Krishi Bhawan on December 11, 2024, targeting government officials.
- Approximately 80 officials received free health checkups and advice.
- A team of 14 students, supervised by two assistant professors, conducted the assessments.
- Services included physical fitness evaluations, posture analysis, and ergonomic guidance for the workplace.
- The event successfully raised awareness about the importance of ergonomic care and healthy workplace habits.



### **Outcome:**

The health camp successfully achieved its primary objective of promoting physical fitness and ergonomic awareness among government officials. The participants not only received a comprehensive evaluation of their health and posture but also gained practical knowledge on how to maintain proper body posture and adopt healthier habits in their daily work routines. The officials expressed their satisfaction and committed to implementing the ergonomic advice they received. This initiative proved to be a significant step in fostering a culture of wellness in the workplace, highlighting the importance of preventative healthcare in improving both well-being and productivity.

**Attendance Sheet:**

 **SGT UNIVERSITY**   
Shree Gurus Gobind Singh, Tricentenary University  
FACULTY OF PHYSIOTHERAPY

Date: 15/12/2024

**ATTENDANCE SHEET**

Clinical Outreach Activity Physio Health camp organised on 15<sup>th</sup> December 2024 at Kirti Bhawan, Dr  
Rajendra Prasad Road, New Delhi.

S. No	Name	Signature
1	Dr. Priyanka Sinha	
2	Aaryukti Jain	
3	Aditi Thakur	
4	Aarsha Mahajan	
5	Vandana Sharma	
6	Shubham Jain	
7	Legu	
8	Iyoti	
9	Shama	
10	Kartika	
11	Mansukhi	
12	Varsha	
13	Pooja	
14	Aarsha Sachdeva	
15	Shivani Shukla	

  
Coordinator  
Community Outreach

Dr. Lalit Singh 

Phone : 0124-2278181, 84, 86      Fax: 1981 1214      E-Mail ID: dean@sgtuniversity.org

## Event Report

**Date:** 18 February 2025

**Title of the event:** Physiotherapy Assessment and Awareness Camp

**Organizer(s):** SVSP (FPHY, SGT HOSPITAL, FAHS, FNUR)

**Venue:** The Earth Saviours Foundation, Bandhwari Village, Gurugram

**Event Coordinator:** Dr. Ankita and Dr. Anushree

### Minute to Minute Programme:

Time	Activity	Description
09:00 AM	Arrival and Setup	Physiotherapy team arrived and set up the assessment area with registration desks, equipment for demonstrations, and awareness materials.
09:30 AM	Patient Registration and History Taking	Residents registered and medical/psychological histories were recorded with support from caregivers and staff to ensure accurate information collection.
10:00 AM	Initial Physiotherapy Assessment	Physical evaluations conducted to assess muscle strength, mobility, balance, posture, and joint flexibility.
11:00 AM	Mental Health Screening	Assessments adjusted for residents with mental retardation or trauma; emotional and behavioral responses observed alongside physical function assessments.
11:30 AM	Therapeutic Exercise Demonstration	Group-based demonstration of simple exercises to improve mobility, strength, posture, and coordination.
12:00 PM	Relaxation & Mindfulness Techniques	Guided relaxation and breathing exercises to support mental well-being, reduce anxiety, and improve focus.
12:30 PM	Caregiver Training Session	Caregivers received training on supporting exercises, promoting safety, and encouraging active participation among residents.
01:00 PM	Lunch and Informal Interaction	Break for refreshments and informal interaction between team members, residents, and staff.
02:00 PM	One-on-One Consultations	Personalized therapy guidance and feedback provided to each resident based on their assessments and health needs.

03:00 PM	Interactive Awareness Session	Educational talk on the importance of physiotherapy in managing mental and physical conditions; Q&A with residents and caregivers.
03:30 PM	Motivation and Empowerment Session	Motivational interaction to encourage residents in continuing therapy independently and improve their quality of life.
04:00 PM	Closing and Feedback	Residents and caregivers provided feedback; physiotherapy team expressed gratitude and encouraged continued engagement in rehabilitation practices.

### **Highlights of the Event:**

- **Comprehensive Health Assessments:**  
Over 50 residents were evaluated for physical impairments, joint stiffness, arthritis, gait and balance issues, and mental health challenges.
- **Hands-On Therapeutic Support:**  
Demonstrations of personalized physiotherapy exercises, posture correction, and relaxation techniques were conducted by a dedicated team of experts and students.
- **Holistic Care Approach:**  
Both physical and mental health needs were addressed through combined assessments, caregiver training, and motivational support.
- **Community Engagement:**  
The camp fostered awareness among residents and caregivers about the role of physiotherapy in improving mobility, mental wellness, and overall quality of life.
- **Positive Impact & Feedback:**  
Residents expressed gratitude for the compassionate care and practical guidance, indicating noticeable improvements in their confidence, movement, and well-being.





### **Outcome:**

- **Enhanced Awareness:** Residents and caregivers gained valuable insights into the interplay between physical activity and mental health, understanding the role of physiotherapy in managing various conditions.
- **Empowerment Through Education:** The awareness sessions inspired residents to actively engage in their rehabilitation process, fostering a sense of control and independence.
- **Improved Physical and Mental Well-being:** Personalized recommendations and hands-on demonstrations encouraged residents to practice therapeutic exercises, leading to improvements in mobility, mood, and overall quality of life.
- **Positive Feedback:** Participants expressed appreciation for the comprehensive assessments, practical guidance, and the empathetic approach of the physiotherapy team.

## Attendance Sheet:

SR.NO	REGISTRATION NO	STUDENTS NAME	SIGNATURE
		<b>DR. ANUSHREE RAI (FACULTY)</b>	
1	240329061	BAZILLA 1 <sup>st</sup> Year MPT	<i>Bazilla</i>
2	240329029	RASHMI 1 <sup>st</sup> Year MPT	<i>Rashmi</i>
3	240329044	RASHMI 1 <sup>st</sup> Year MPT	<i>Rashmi</i>
4	240329065	MANJOT 1 <sup>st</sup> Year MPT	<i>Manjot</i>
5	240329055	SHIVANGI 1 <sup>st</sup> Year MPT	<i>Shivangi</i>
6	240329060	ISHAN 1 <sup>st</sup> Year MPT	<i>Ishan</i>
7	210305008	BANEET 4 <sup>th</sup> Year BPT	<i>Baneet</i>
8	210305022	VEDANTI 4 <sup>th</sup> Year BPT	<i>Vedanti</i>
9	210305033	MANVI 4 <sup>th</sup> Year BPT	<i>Manvi</i>
10	210305030	YUVRAJ 4 <sup>th</sup> Year BPT	<i>Yuvraj</i>
11	210305016	RAHUL 4 <sup>th</sup> Year BPT	<i>Rahul</i>

*[Signature]*  
Coordinator  
Community Outreach Activity

Phone - 0124-2278183, 84, 85      Extn: 3298-3299      E-mail ID: dean.fphy@sgtuniversity.org

## Event Report

**Date:** 20 January 2025 & 03 February 2025

**Title of the event:** Physiotherapy for musculoskeletal condition and ergonomic advice

**Organizer(s):** Faculty of Physiotherapy, SGT University

**Venue:** INCOME TAX OFFICE, New Delhi

**Chief Guests / Speakers / Resource Persons:**

**Event Coordinator:** Dr. Pooja Anand

### Event Poster/Banner



### **Minute to Minute Programme:**

<b>Time</b>	<b>Activity</b>	<b>Description</b>
09:00 AM	Team Arrival and Setup	Physiotherapy team from SGT University arrives and sets up treatment stations, assessment desks, and registration counters.
09:30 AM	Registration of Participants	Employees of the Income Tax Office begin registering for physiotherapy assessment at the designated registration desk.
10:00 AM	Initial Screening and Vital Checks	Participants undergo vital sign monitoring (BP, pulse, etc.) and fill out symptom questionnaires.
10:30 AM	Musculoskeletal Assessment Begins	Students and faculty begin structured assessments including posture analysis, joint mobility, and muscle strength evaluations.
11:00 AM	Therapeutic Intervention Phase I	Initial treatment sessions start using modalities like IFT, TENS, and Ultrasound for identified conditions.
12:30 PM	Ergonomic Counselling & Posture Correction	Participants are given ergonomic advice tailored to their workstation setup, sitting posture, and movement patterns.
01:00 PM	Lunch/Short Break for Team	Team takes a short refreshment/lunch break while continuing support in shifts.
01:30 PM	Therapeutic Intervention Phase II	Continued treatment and exercise prescription: strengthening, stretching, and mobilization techniques.
02:30 PM	Educational Guidance & Exercise Demonstration	One-on-one or small group demonstration of home exercises and desk stretches for preventing repetitive strain injuries.
03:30 PM	Faculty Supervision and Review	Dr. Himanshu Gakhar reviews treatment plans, supervises complex cases, and ensures standardized care delivery.
04:00 PM	Final Consultations & Feedback Collection	Final round of treatments for late registrants; feedback collected from participants about quality and experience.
04:30 PM	Wrap-up and Team Discussion	Team packs up equipment, discusses observations and learning points from the camp, and finalizes documentation.

### **Highlights of the Event:**

- A two-day physiotherapy camp was conducted on 20 Jan & 03 Feb 2025 at the Income Tax Office, New Delhi.
- A total of 146 employees received assessments and treatments for musculoskeletal issues.
- Common conditions included neck pain, back pain, and postural problems due to prolonged desk work.
- Treatments involved IFT, Ultrasound, TENS, and ergonomic counseling.
- Led by Dr. Himanshu Gakhar with support from 19 UG and PG physiotherapy students.

- Students gained valuable hands-on experience in real workplace scenarios.
- The camp received positive feedback from participants for its usefulness and impact.





**Outcome:**

Patients were satisfied and appreciated the advices and treatment given. The student who participated in this camp gained hands on experience on assessment and management of musculoskeletal conditions in desk job workers.

## Attendance Sheet:

**SGT UNIVERSITY**  
Shree Guru Gobind Singh Tricentenary University  
FACULTY OF PHYSIOTHERAPY

SGT/PHY/2025 Date: 25/01/2025

The following faculty members and students from SPT and BPT have been assigned to participate in the Clinical Outreach Activity scheduled for 28th and 29th January 2025 at the Income Tax Office, ITO, New Delhi.

All team members are required to report to the Department at 8:30 AM on the respective days.

**ATTENDANCE SHEET**

Sr.No	REGISTRATION NO.	NAME	SIGNATURE 28/01/2025	SIGNATURE 29/01/2025
1		Dr. Himanshu Gakkar		
2	24019045	Vandana Sharma	<i>[Signature]</i>	
3	23019021	Kajal Jain	<i>[Signature]</i>	
4	23019041	Shubham Pal	<i>[Signature]</i>	
5	24019069	Pranshu	<i>[Signature]</i>	
6	23019041	Pranshu	<i>[Signature]</i>	
7	24019016	Shrutika	<i>[Signature]</i>	
8	24019047	Shrutika	<i>[Signature]</i>	
9	24019009	Harsh	<i>[Signature]</i>	
10	24019068	Ashwin	<i>[Signature]</i>	
11	24019014	Nachiketa	<i>[Signature]</i>	
12	24019028	Nikhil	<i>[Signature]</i>	
13	24019043	Jyoti	<i>[Signature]</i>	
14	24019010	Taru	<i>[Signature]</i>	
15	210305091	Parvati	<i>[Signature]</i>	
16	210305049	Manish	<i>[Signature]</i>	
17	210305078	Anagurta	<i>[Signature]</i>	
18	210305069	Kharvi	<i>[Signature]</i>	

*[Signature]*  
Coordinator  
Community Outreach Activity

**SGT UNIVERSITY**  
Shree Guru Gobind Singh Tricentenary University  
FACULTY OF PHYSIOTHERAPY

SGT/PHY/2025 Date: 25/01/2025

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3	23019021	Kajal Jain	<i>[Signature]</i>
4	23019056	Society	ABSENT
5	24019047	Shrutika	<i>[Signature]</i>
6	24019009	Harsh	<i>[Signature]</i>
7	24019068	Ashwin	<i>[Signature]</i>
8	24019014	Nachiketa	<i>[Signature]</i>
9	24019028	Nikhil	<i>[Signature]</i>
10	24019043	Jyoti	<i>[Signature]</i>
11	24019010	Taru	<i>[Signature]</i>
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13	24019043	Mater	<i>[Signature]</i>
14	210305095	Parvati	<i>[Signature]</i>
15	210305049	Manish	<i>[Signature]</i>
16	210305078	Anagurta	<i>[Signature]</i>
17	210305069	Kharvi	<i>[Signature]</i>

*[Signature]*  
Coordinator  
Community Outreach Activity

Phone: 0124-2291842, 44, 88    Ext: 3338, 3309    E-mail ID: [mail@sgtuniversity.org](mailto:mail@sgtuniversity.org)

## Event Report

**Date:** 29 January 2025

**Title of the event:** Lung Health Checkup: Screening for a Better tomorrow

**Organizer(s):** Faculty of Physiotherapy, SGT University

**Venue:** Mubarakpur, Gurugram

### Minute to Minute Programme:

Time	Activity	Description
10:30 AM – 10:45 AM	Arrival and Setup	The faculty team and students arrive at the venue in Mubarakpur, Gurugram, and begin setting up the health camp stations and materials.
10:45 AM – 11:00 AM	Briefing and Welcome	Introduction of the camp, objectives explained to villagers, and opening remarks by the faculty team.
11:00 AM – 11:45 AM	Health Assessments	Screening of villagers (ages 40–75) for lung-related issues including COPD, asthma, SOB, hypertension, and diabetes.
11:45 AM – 12:15 PM	Interactive Awareness Session	Educating villagers about lung conditions, symptoms, smoking hazards, and lifestyle changes for better lung health.
12:15 PM – 12:45 PM	Physiotherapy Demonstrations	Demonstration of lung health exercises such as incentive spirometer, diaphragmatic breathing, thoracic expansion, and pursed-lip breathing.
12:45 PM – 01:15 PM	Practical Participation	Villagers practice the exercises with hands-on guidance from physiotherapy students to learn correct techniques.
01:15 PM – 01:30 PM	Personalized Consultations	One-on-one consultations where participants receive tailored suggestions and referrals for further medical follow-up, if needed.
01:30 PM – 01:45 PM	Feedback and Closing Remarks	Collection of verbal feedback from villagers, appreciation of participants, and closing of the health camp.

### **Highlights of the Event:**

- **Collaboration Between Faculties:** The health camp was organized as a collaborative effort between the Faculty of Nursing and the Faculty of Physiotherapy at SGT University, showcasing the power of interdisciplinary cooperation in promoting community health.
- **Free Health Assessments:** A total of 16 individuals from the village, aged between 40 and 75 years, received free health assessments focused on early detection of lung-related issues like COPD, hypertension, asthma, and shortness of breath.
- **Engaging Awareness Sessions:** Villagers were educated about common lung conditions and their symptoms. The awareness sessions emphasized the significance of lifestyle changes, such as quitting smoking and adopting healthier habits to improve lung health.
- **Introduction to Physiotherapy:** For many villagers, this camp marked their first introduction to physiotherapy. Students demonstrated and guided them through various exercises aimed at enhancing lung function, including diaphragmatic breathing, pursed lip breathing, and thoracic expansion exercises.
- **Practical Demonstrations:** Hands-on demonstrations of physiotherapy techniques, like the use of an incentive spirometer and ankle-toe pumps, provided participants with practical tools to improve their lung health and overall well-being.
- **Active Student Participation:** The camp was led by four enthusiastic physiotherapy students—two from the first-year MPT program (Anchal Gupta and Navya Jain) and two from the second-year MPT program (Pinki and Upasana). Their involvement ensured a practical and personalized experience for all participants.
- **Positive Community Response:** The camp received an enthusiastic response from the villagers, with many showing interest in learning more about physiotherapy and incorporating exercises into their daily routines. The initiative also raised awareness about the harmful effects of smoking and the importance of regular exercise.
- **Encouraging Health Prioritization:** The event successfully encouraged villagers to prioritize their health, with special emphasis on adopting lung exercises and seeking further medical evaluation when necessary. Participants were encouraged to visit the hospital for more detailed assessments if required.



### **Outcome:**

The health camp successfully raised awareness among villagers about lung-related health issues such as COPD, hypertension, and asthma. For many participants, it was their first introduction to physiotherapy, where they learned exercises to improve lung health. The camp empowered villagers by teaching them effective techniques like diaphragmatic and pursed-lip breathing, equipping them with tools to enhance their lung function. It also encouraged positive lifestyle changes, motivating individuals to quit smoking and prioritize physical activity. The initiative received an overwhelmingly positive response from the community, with many expressing interests in continuing the exercises and pursuing further evaluations. Emphasizing the importance of preventive care, the camp promoted regular health check-ups and provided referrals when necessary. Moreover, the event strengthened the bond between healthcare providers and the community, building trust and paving the way for future health initiatives. The successful collaboration between the Faculty of Nursing and Physiotherapy at SGT University played a crucial role in the camp's overall impact.

## Attendance Sheet:

SGT UNIVERSITY		Shree Guru Gobind Singh Tricentenary University		FACULTY OF PHYSIOTHERAPY	
				Date: - 28/01/2025	
<p>The Department of Adult Health Nursing, Faculty of Nursing, in collaboration with Samajik Vikas, SGT Ka Prashast, SGT Hospital and Research Centre, and the Department of Physiotherapy, SGT University, Anandpur, is organizing an outreach activity on "Lung Health Check-up - Screening for a better tomorrow," at Akharidpur, Gurugram, on 29 January 2025.</p>					
Students attending the camp are					
<b>ATTENDANCE SHEET</b>					
Sr. No.	Registration No.	Name	Designation	Signature	
1	230319038	Pinky	2 Year MPT		
2	230319062	Upama	2 Year MPT		
3	240319058	Anchal Gupta	1 Year MPT		
4	240319046	Navya Jain	1 Year MPT		

  
Coordinator  
Community Outreach Activity

## Event Report

**Date:** 24 January 2025

**Title of the event:** Physiotherapy Awareness Camp on Menopause

**Organizer(s):** Faculty of Physiotherapy, SGT University

**Venue:** MANKAROLA VILLAGE, GURUGRAM

**Event Coordinator:** Dr. Renuka

### Minute to Minute Programme:

Time	Activity	Description
10:00 AM – 10:15 AM	Arrival & Setup	Physiotherapy team and student volunteers arrive at Mankarola Village and set up the venue for the awareness camp.
10:15 AM – 10:25 AM	Welcome & Introduction	Dr. Renuka welcomes the participants and introduces the objective of the awareness camp focused on menopause education and physiotherapy.
10:25 AM – 10:50 AM	Interactive Awareness Session	Informative session on menopause symptoms, hormonal changes, lifestyle adaptations, and the role of physiotherapy in managing menopause-related issues.
10:50 AM – 11:10 AM	Nukkad Natak (Street Play)	A street play performed by students to raise awareness about menopause and promote the importance of physical activity in an engaging way.
11:10 AM – 11:40 AM	Exercise Demonstration	Practical demonstration of physiotherapy exercises useful during menopause, including breathing techniques, stretching, and pelvic floor strengthening.
11:40 AM – 12:00 PM	One-on-One Q&A & Personal Guidance	Participants ask questions and receive individualized advice and exercise tips tailored to their symptoms and lifestyle.
12:00 PM – 12:10 PM	Feedback & Suggestions Collection	Participants share their feedback, suggestions, and express interest in regular camps for continuous health education.

12:10 PM – 12:20 PM	Vote of Thanks	Dr. Renuka thanks the organizing team, student volunteers, village women, and SGT University leadership for their support and enthusiastic participation.
12:20 PM – 12:30 PM	Group Photo & Camp Wind-up	Group photograph with participants and volunteers, followed by packing up and departure from the village.

### **Highlights of the Event:**

- Active participation from village women, with keen interest in learning about menopause management.
- Positive engagement during the Nukkad Natak and interactive sessions
- Participants expressed enthusiasm for adopting physiotherapy exercises in their daily routines.
- Requests for follow-up sessions to sustain awareness and health practices.



### **Outcome:**

The event led to increased awareness among women about menopause and its management, empowering them with valuable health knowledge. The Nukkad Natak and exercise demonstrations were well-received, serving as engaging tools to convey important

information. Participants expressed appreciation for the physiotherapy team’s approachability and expertise, which helped create a comfortable and supportive environment. Additionally, many suggested organizing regular camps to reinforce health education and ensure continued community engagement.

**Attendance Sheet:**



# SGT UNIVERSITY

Shree Guru Gobind Singh Tricentenary University



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SGTU/FPHY/2025/
Date: - 23/01/2025

The following faculty members & students of MPT & BPT are posted for the Clinical Outreach Activity and which is scheduled for 24<sup>th</sup> January 2025 at Mankrola, Haryana. All the members of the team must report at 08.30AM in department.

The list of the members has been attached herewith.

**ATTENDANCE SHEET**

Sr.no	Name	Designation	Signature
1	Dr. Renuka	Faculty In-charge	<i>Renuka</i>
2	Shreya Sharma	MPT 2 Year	<i>Shreya</i>
3	Sarika	MPT 1 Year	<i>Sarika</i>
4	Krutika Yadav	MPT 1 Year	<i>Krutika</i>
5	Priyanka	BPT 2 Year	<i>Priyanka</i>
6	Dhani Sain	BPT 2 Year	<i>Dhani Sain</i>
7	Harkirat Kaur Bedi	BPT 2 Year	<i>ABSENT</i>
8	Arju Ahlawat	BPT 1 Year	<i>Arju</i>
9	Tanisha Gulia	BPT 1 Year	<i>Tanisha</i>
10	Yanesh Sharma	BPT 1 Year	<i>Yanesh</i>
11	Bharti Yadav	BPT 1 Year	<i>Bharti</i>
12	Anjali Chaudhary	BPT 1 Year	<i>Anjali</i>
13	Pratyush Kumar	BPT 3 <sup>rd</sup> Yr.	<i>Pratyush</i>



**Coordinator  
Community Outreach Activity**

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Phone: - 0124-2278183, 84, 85
Extn: 3298 3299
E-mail ID: dean.fphy@sgtuniversity.org

## Event Report

**Date:** 20 January 2025

**Title of the event:** Physiotherapy Checkup and Health Camp

**Organizer(s):** Faculty of Physiotherapy, SGT University

**Venue:** Sri Ram International School

### Minute to Minute Programme:

Date	Time	Activity	Description
21 January 2025	10:00 AM – 10:15 AM	Arrival and Setup	Physiotherapy team reached the school and set up equipment and stations for assessments.
21 January 2025	10:15 AM – 10:30 AM	Welcome and Introduction	Camp objectives were shared with school staff and students; team members introduced.
21 January 2025	10:30 AM – 1:00 PM	Health Assessments	Conducted BMI, Apley Scratch Test, Toe Touch Reach Test, and Endurance Wall Squat Test for students aged 5–10 years.
21 January 2025	1:00 PM – 1:30 PM	Health Awareness Session	Interactive discussion on benefits of physical fitness and flexibility.
21 January 2025	1:30 PM – 2:00 PM	Feedback and Wrap-Up	Individual feedback given to students; camp concluded for the day.
22 January 2025	10:00 AM – 10:15 AM	Arrival and Setup	A new team of postgraduate students arrived and prepared for the second day of assessments.
22 January 2025	10:15 AM – 10:30 AM	Recap and Introduction	Brief recap of Day 1 and explanation of assessment tools for new group of students (aged 7–11 years).
22 January 2025	10:30 AM – 1:00 PM	Fitness Assessments	Conducted BMI, flexibility, and endurance evaluations under supervision of Dr. Aarti.

22 January 2025	1:00 PM – 1:30 PM	Interactive Session	Students were engaged in a Q&A session focused on healthy routines and staying active.
22 January 2025	1:30 PM – 2:00 PM	Closing and Group Photo	Summary of camp shared; thank-you remarks; group photo with students and faculty concluded the event.

### **Highlights of the Event:**

- The camp successfully assessed 570 students across two days.
- The event provided insights into students' fitness levels and emphasized the importance of regular physical activity.
- Interactive sessions and practical evaluations encouraged students to prioritize their health and adopt healthier habits.
- The initiative received an enthusiastic response, promoting fitness awareness among the younger generation.



### **Outcome:**

The camp successfully provided valuable insights into the students' physical fitness levels and raised awareness about the importance of physical activity. The initiative was well-received, with students showing great enthusiasm. It successfully achieved its goal of promoting physical fitness awareness among the younger generation and encouraged students to prioritize their health.

**Attendance Sheet:**

**SGT UNIVERSITY**  
Shree Guru Gobind Singh Tricentenary University  
FACULTY OF PHYSIOTHERAPY

M.T.U/SPHY/2024 Date: - 20/01/2025

The following faculty member & students of MPT & BPT are present for the Clinical Outreach Activity and which is scheduled on 21<sup>st</sup> January 2025 at Sri East International School, Noida/Ghazi. All the members of the team must report at 08:30AM in department.  
The list of the members has been attached herewith.

S.No	Name	Designation
1	Dr. Anil <i>Ans</i>	Faculty-in-charge
2	Dilip	<i>Dilip</i>
3	Indira	<i>Indira</i>
4	Ashu Ritu	<i>Ashu Ritu</i>
5	Rahul <i>Rahul</i>	<i>Rahul</i>
6	Kritika	<i>Kritika</i>
7	Kartika Aggarwal	<i>Kartika</i>
8	Nishika	<i>Nishika</i>
9	Khandi	<i>Khandi</i>
10	Sagar	<i>Sagar</i>
11	Jashti Ramaniya	<i>Jashti</i>

*[Signature]*  
Coordinator  
Community Outreach Activity

Phone: 0124-2274101, 44 34 | Fax: 224 2236 | E-mail ID: dean.phy@sgtuniversity.org

**SGT UNIVERSITY**  
Shree Guru Gobind Singh Tricentenary University  
FACULTY OF PHYSIOTHERAPY

M.T.U/SPHY/2024 Date: - 20/01/2025

The following faculty member & students of MPT & BPT are present for the Clinical Outreach Activity and which is scheduled on 22<sup>nd</sup> January 2025 at Sri East International School, Noida/Ghazi. All the members of the team must report at 08:30AM in department.  
The list of the members has been attached herewith.

S.No	Name	Designation
1	Dr. Anil	Faculty-in-charge
2	Ramesh	
3	Vinay	
4	Chaitan	
5	Harish	
6	Vansh	
7	Shubh	<i>Shubh</i>
8	Nishika	<i>Nishika</i>
9	Sanam	<i>Sanam</i>
10	Garima	<i>Garima</i>
11	Rishi	<i>Rishi</i>

*S - they reported only 4 students for the clinical activity*

*[Signature]*  
Coordinator  
Community Outreach Activity

Phone: 0124-2274101, 44 34 | Fax: 224 2236 | E-mail ID: dean.phy@sgtuniversity.org

## Event Report

**Date:** 04 March 2025 to 07 March 2025

**Title of the event:** PAYTM health camp

**Organizer(s):** Faculty of Physiotherapy, SGT University

**Venue:** Paytm Payments bank, Noida

**Event Coordinator:** Dr. Jaganjyoti Das

### Minute to Minute Programme:

Date	Time	Activity	Description
04 March 2025	10:30 AM	Arrival & Setup	The physiotherapy team arrived and set up the assessment stations at Paytm Payments Bank, Noida.
04 March 2025	11:00 AM	Tea Break	Tea and orientation session with Paytm staff.
04 March 2025	11:30 AM	Consultations Begin	One-on-one physiotherapy consultations addressing issues like neck pain, back pain, etc.
04 March 2025	12:00 PM	Postural Assessments	Individual posture screening and feedback by physiotherapy team.
04 March 2025	12:30 PM	Ergonomic Advice	Guidance on desk setup, screen height, and proper chair positioning.
04 March 2025	01:00 PM	Exercise Demonstrations	Demonstration of simple workplace-friendly stretches to reduce strain.
04 March 2025	01:30 PM	Interactive Q&A	Employees asked questions regarding posture, strain, and long-term fitness.
04 March 2025	02:00 PM	Short Break	Refreshment break for the visiting team.
04 March 2025	02:30 PM	Resume Consultations	Continued assessments and ergonomic counselling.
04 March 2025	03:30 PM	Health Awareness Discussion	Group session on importance of active routines during work hours.
04 March 2025	04:00 PM	Wrap-up and Feedback	Wrap-up for Day 1 and feedback collected from participants.

05 March 2025	10:30 AM	Arrival	Day 2 of the health camp begins with team's arrival.
05 March 2025	11:00 AM	Tea Break	Introductory interaction with Paytm team.
05 March 2025	11:30 AM	Consultations Resume	Continuation of employee consultations and individual assessments.
05 March 2025	12:00 PM	Interactive Exercise Session	Dr. Jaganjyoti Das led a 10-minute exercise session on preventing sedentary posture, improving flexibility and encouraging movement during work hours.
05 March 2025	12:15 PM	Ergonomic Review	Personalized guidance on chair and desk alignment for participants.
05 March 2025	01:00 PM	Group Discussion	Team discussion on key patterns of discomfort and how to mitigate them.
05 March 2025	01:30 PM	Demonstration	Live demonstration of corrective exercises for neck, shoulders, and lower back.
05 March 2025	02:00 PM	Feedback Session	Collection of anonymous feedback from employees to gauge camp usefulness.
05 March 2025	03:00 PM	Team Briefing	Internal debrief among volunteers on learnings and planning for the next days.
06 March 2025	11:00 AM	Follow-Up Consultations	Continued assessments for new employees and follow-up of previous cases.
06 March 2025	01:00 PM	Awareness Talk	Short health talk on long-term musculoskeletal wellness and consistency in exercises.
06 March 2025	02:00 PM	Ergonomic Correction Review	Review of ergonomic corrections implemented by employees after initial counselling.
07 March 2025	11:00 AM	Final Assessments	Final day assessments and concluding evaluations of employee fitness.
07 March 2025	12:30 PM	Recap and Follow-Up Guidance	Summary of key issues noticed during the camp and general advice on long-term health.
07 March 2025	01:30 PM	Acknowledgement and Thank You	Expression of gratitude to Paytm management and participants; team packing up.

### **Highlights of the Event:**

- **Employee-Centric Health Initiative:** The camp successfully addressed musculoskeletal concerns common among desk-bound employees through professional physiotherapy assessments and guidance.

- **Large-Scale Participation:** Over 100 employees actively participated across the four days, showing enthusiasm and interest in improving their posture and workplace ergonomics.
- **Expert Supervision:** The camp was conducted under the expert guidance of **Dr. Jaganjyoti Das**, supported by a dedicated team of postgraduate and undergraduate students from the Faculty of Physiotherapy, SGT University.
- **Personalized Consultations:** One-on-one physiotherapy consultations were provided to employees suffering from back pain, neck stiffness, shoulder tension, and other work-related discomforts.
- **Posture and Ergonomics Awareness:** Employees received in-depth ergonomic counseling, including chair positioning, desk setup, screen alignment, and posture correction techniques.
- **Interactive Exercise Demonstrations:** Daily demonstrations of simple workplace exercises were conducted to promote flexibility and reduce muscle strain.
- **Live Fitness Session:** A special 10-minute live fitness session was led by **Dr. Jaganjyoti Das**, educating employees on how to stay active at work through simple stretches.
- **Positive Feedback:** Participants appreciated the practical advice, friendly approach of the physiotherapy team, and expressed a desire for more regular camps.
- **Organizational Support:** Excellent coordination with Paytm management ensured smooth execution and enthusiastic employee turnout.
- **Focus on Preventive Care:** The camp emphasized **preventive physiotherapy** as a key tool in maintaining long-term physical well-being in professional settings.



## Outcome:

The PAYTM Health Camp organized by the Faculty of Physiotherapy, SGT University, from 04 to 07 March 2025 at Paytm Payments Bank, Noida, proved to be a highly impactful and meaningful initiative. It effectively addressed common musculoskeletal issues among employees caused by prolonged desk work and poor workplace ergonomics. Through expert consultations, personalized assessments, and live demonstrations, the camp raised awareness about posture correction, injury prevention, and the importance of regular physical activity in a professional setting. Employees reported increased understanding of ergonomic practices and showed keen interest in integrating suggested exercises and postural corrections into their daily routines. The overwhelmingly positive feedback from participants highlighted the effectiveness of the camp and emphasized the growing recognition of physiotherapy as a crucial component of employee wellness. The event not only provided immediate relief and guidance but also laid the foundation for long-term health benefits and a culture of wellness within the workplace.

## Attendance Sheet:

SGT UNIVERSITY Shree Guru Gobind Singh Tricentenary University FACULTY OF PHYSIOTHERAPY				
SGTU/PHY/2024		Date: 04/03/2025		
The Faculty of Physiotherapy is organizing a health camp at Paytm Noida on 04 <sup>th</sup> March 2025.				
The following faculty members, along with MPT and BPT students, have been assigned to participate in the clinical outreach health camp.				
ATTENDANCE SHEET				
SR.NO	REGISTRATION NO	STUDENTS NAME	DESIGNATION	SIGNATURE
		DR. LAGANJYOTI DAS	FACULTY IN CHARGE	
1	240319007	SRIBHAM JAIN	2 <sup>nd</sup> Year MPT	
2	240319012	VARDITA	2 <sup>nd</sup> Year MPT	
3	240319011	PRABHAT	1 <sup>st</sup> Year MPT	
4	240319006	PRICHA BHISH	1 <sup>st</sup> Year MPT	
5	210303017	ZYUJI	4 <sup>th</sup> Year BPT	
6	210303044	ROHITHA	4 <sup>th</sup> Year BPT	
Coordinator Community Outreach Activity				
Phone: 01242278181, 94, 98    Fax: 2248 3248    E-mail ID: dean.phy@sgtuniversity.org				

SGT UNIVERSITY Shree Guru Gobind Singh Tricentenary University FACULTY OF PHYSIOTHERAPY				
SGTU/PHY/2025		Date: 04/03/2025		
The Faculty of Physiotherapy is organizing a health camp at Paytm Noida on 04 <sup>th</sup> March 2025.				
The following faculty members, along with MPT and BPT students, have been assigned to participate in the clinical outreach health camp.				
ATTENDANCE SHEET				
SR.NO	REGISTRATION NO	STUDENTS NAME	DESIGNATION	SIGNATURE
1		DR. LALEJ SINGH	FACULTY IN CHARGE	
1	240319010	RITIKA	1 <sup>st</sup> Year MPT	
2	240319011	SHUBH	1 <sup>st</sup> Year MPT	
4	240319011	PRABHAT	1 <sup>st</sup> Year MPT	
3	240319006	PRICHA BHISH	1 <sup>st</sup> Year MPT	
6	240319007	SOURYA	1 <sup>st</sup> Year MPT	
7	210303082	AKSHAY	4 <sup>th</sup> Year BPT	
8	210303060	SAUSYA	4 <sup>th</sup> Year BPT	
Coordinator Community Outreach Activity				
Phone: 01242278181, 94, 98    Fax: 2248 3248    E-mail ID: dean.phy@sgtuniversity.org				

SGT UNIVERSITY Shree Guru Gobind Singh Tricentenary University FACULTY OF PHYSIOTHERAPY				
SGTU/PHY/2025		Date: 06/03/2025		
The Faculty of Physiotherapy is organizing a health camp at Paytm Noida on 06 <sup>th</sup> March 2025.				
The following faculty members, along with MPT and BPT students, have been assigned to participate in the clinical outreach health camp.				
SR.NO	REGISTRATION NO	STUDENTS NAME	DESIGNATION	SIGNATURE
		DR. ANKITA PARIKH	FACULTY IN CHARGE	
1	240319001	PABLI	1 <sup>st</sup> Year MPT	
2	240319005	JAINAVI	1 <sup>st</sup> Year MPT	
3	240319008	SHRIDHARA	1 <sup>st</sup> Year MPT	
4	240319001	PRABHAT	1 <sup>st</sup> Year MPT	
5	240319006	PRICHA BHISH	1 <sup>st</sup> Year MPT	
6	210303002	ANSHIKA	4 <sup>th</sup> Year BPT	
7	210303009	SHANE	4 <sup>th</sup> Year BPT	
8	210303086	RAHUL SALVI	4 <sup>th</sup> Year BPT	
9	220303024	PRAYUSH	3 <sup>rd</sup> Year BPT	
Coordinator Community Outreach Activity				
Phone: 01242278181, 94, 98    Fax: 2248 3248    E-mail ID: dean.phy@sgtuniversity.org				



# SGT UNIVERSITY

Phone : 0124-2278183-85, Fax : 0124-2278151 Website : [www.sgtuniversity.ac.in](http://www.sgtuniversity.ac.in) Email : [info@sgtuniversity.org](mailto:info@sgtuniversity.org)  
Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505



@sgtuniversitygurgaon



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